The Newsletter is also being sent as an attachment along with this email, for those whose mobile devices or computers convert the content into Plain Text and wish to have it as a Word Document.

Central Oregon Dental Newsletter

January 1, 2017

Happy New Year !!!!!!!!

c/o Mehdi Salari, DMD
bendsalari@gmail.com

Please reply to this email if wishing to post Announcements, Classifieds or General Monthly Advertisements in the Central Oregon Dental Newsletter.

Highlights or Contents of this Newsletter:
- Upcoming Meetings, Continuing Education & Events
- Central Oregon Dental Community News
- Dear Dr. Rupert Advice Column (Dental Practice Management GURU & Know-it-all)
- Local Classifieds

Please thank the following businesses for their continued support of the Central Oregon Dental Newsletter & Community:
- Advantage Dental
- Assured Dental Lab
- Jen Limoges, Broker
- Jones & Roth Financial & CPA Services
- O’Brien Dental Lab

UPCOMING CENTRAL OREGON MEETINGS & EVENTS

(Please email or send any dental related events or courses that you would like posted on this calendar.)

Mark your calendars and plan to attend ...

January 19, 2017 (Thursday)
Dental Society Dinner/Business Meeting

6:00 p.m. – Social ½ Hour
6:30 p.m. – Dinner & Meeting to Follow
Speaker: Dr. Shawneen M. Gonzalez, DDS, MS (Director of Oral & Maxillofacial Radiology at OHSU School of Dentistry) will be speaking on CT Imaging.
Location: Riverhouse Convention Center in Bend
Dr. Dehm has already sent an Evite email about this meeting. Please call Dr. Dehm’s office (541-382-0414) if you haven’t received his email.

January 26, 2017 (Thursday)
Importance of Optimizing Dental Fees
Bend Business, Bite & Brew
6:00 p.m. – 7:30 p.m.
Speakers: Elliott Tracy, CPA & Mathew Hamlin, CPA
Location: Bend Brewing Company (1019 NW Brooks Street in Bend)
To register, you can either contact Jones & Roth in Bend (541) 382-3590 or via this link: RSVP

February 17, 2017 (Friday)
DBIC Risk Management Course
8:15 a.m. Check-in & Registration
9:00 a.m. – 12:00 p.m. Course
3 Hours of CE
Location: Eagle Crest Resort in Redmond
Cost: $50 for CODS Member Dentists, $75 for Non-Member Dentists, $25 for each Staff Member
Dr. Dehm has already sent Evite emails regarding this class. Please call Dr. Dehm’s office (541-382-0414) if you haven’t received the RSVP email.

March 3-4, 2017 (Friday & Saturday)
Modern Patient Workshop
Coach Ike, DMD
14 Hours of CE
Location: Las Vegas, Nevada
More Information and Register at: www.BeyondTheTooth.com

March 9, 2017 (Thursday)
Tips for Shade Selection and Communicating Shades Via Photos
Instructor: Jamie Stover, CDT
Registration: 5:30 p.m.
Course: 6:00 p.m. – 8:00
Location: TBA
CE: 2 Credit Hours
Tuition: TBA
To Register: Call Ziemek Laboratory at 866-943-6357 Ext. 301 to register
Sponsor: Ziemek Laboratories

March 14, 2017 (Tuesday)
ODA’s Dental Day at the Capital
8:00 a.m. – 4:00 p.m.
6:30 p.m. – Dinner & Meeting to Follow
Location: Oregon State Capital (900 Court St. NE, Salem)
Join your ODA colleagues in a day of advocacy at the state capitol educating yourself, legislators and their staff on critical issues impacting dentistry, including oral health care policy and funding, workforce, education and training.
This time will include an ODA member issues briefing, followed by meetings with your local legislators.
Register Now!

May 25, 2017 (Thursday)
Dental Society Dinner/Business Meeting
6:00 p.m. – Social ½ Hour
6:30 p.m. – Dinner & Meeting to Follow
Location: Riverhouse Convention Center in Bend
RSVP email coming from Dr. Dehm as date approaches

September 14, 2017 (Thursday)
Dental Society Dinner/Business Meeting
6:00 p.m. – Social ½ Hour
6:30 p.m. – Dinner & Meeting to Follow
Location: Riverhouse Convention Center in Bend
RSVP email coming from Dr. Dehm as date approaches

December 9, 2017 (Saturday)
Dental Society Holiday Party
6:00 p.m. – Social Hour
7:00 p.m. – Dinner
Location: Riverhouse Convention Center in Bend
RSVP email coming from Dr. Dehm as date approaches

Central Oregon Dental Society News

Stuff from the ODA
• Renew Your Membership Today! You Make the Smiles...We provide the support. With many new services, savings, and payment options available - we look forward to supporting you and the patients you protect in 2017.
• **Become a Speaker Host and Receive Free ODC Registration!** Speaker Host Dinner & Training will be held on Thursday, January 19, 2017 at 6:30 pm at the ODA. Register by January 4th with Lauren Malone, at 503-218-2010 x101.

• **Risk Management Requirement Notice:** The ODA requires its members to complete three (3) hours of approved Risk Management education during each reporting period. The current reporting period is: January 1, 2014 to December 31, 2016. Completion and verification is requested by December 31, 2016. If you are unsure if you have met the 2014-16 cycle requirement, and or, need more information, please contact Lori Lambright at 503-218-2010 x104.

• **Announcing D4346: The New Scaling Procedure Code** - As of January 1, dentists may use procedure code D4346 (scaling in the generalized presence of moderate or severe gingival inflammation - full mouth, after oral evaluation). This new code reflects the procedure for patients with gingival disease and no attachment loss. To learn more, download the [free Guide to Reporting D4346](#). For more information on dental coding visit ADA.org. Questions? Call 312-440-2500 or e-mail the ADA.

• **Alert: BMP- Regulatory Update** - The ODA has updated its Best Management Practices (BMP) to prohibit the use of oxidizing line cleansers that contain bleach in conjunction with Amalgam Separators. Effective October 24, 2016, the Oregon Board of Dentistry (OBD) updated rules to the Oregon Dental Practice Act to include the updated BMP. As a result, if Oregon dentists comply with the revised BMP and OBD rules they will satisfy EPA requirements. If you have questions, please contact Member Compliance Coordinator Lori Lambright at 503-218-2010 x104. View [ODA's Best Management Practices](#).

• **ACA Mandate Section 1557 Required as of October 16th** - The ADA has prepared [online resources](#) to aid members in compliance with this new rule. If you have further questions, contact ODA staff member Lori Lambright, Coordinator, Member Compliance, or go to ada.org/1557 for more information.

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**COC Dental Assisting Program Update & Request For Volunteers**  
Lynn Murray, Dental Assisting Program Director

Dear Dentists,

COC's Dental Assisting Program is starting a new year! We are in need of dentist volunteers for our Dental Clinic, to offer DA students assisting experience while providing needed dental services to low income individuals in Central Oregon. A big THANK YOU to all of our past volunteers! Would you like to volunteer this year too? We would also like to welcome new volunteers. Faculty, students and patients are very appreciative of your time and expertise!

We have organized Clinic Dates early to offer you the earliest possible notice, and with the hope that dentists interested in volunteering with us can find a date that works well for them. Clinics run from 8:00 AM to approximately 2:00 PM. We have added a Saturday Clinic as requested for dentists who work on Fridays. The other dates are on Fridays. The Clinic dates are as follows:

- January 20 (Friday)
- February 3, 17 (Friday)
- March 3, 17, 31 (Friday)
- April 21 (Friday)
Please contact Lynn Murray at 541-383-7574 to schedule your date. Feel free to leave a message with the date or dates you like and I will return your call. I look forward to working with you all! 6 hours of Continuing Education credits are also offered when you volunteer.

Lynn

Lynn L. Murray, M.Ed., RDA, CDA, EFDA, CPFDA, FADAA
Associate Professor of Dental Assisting
Central Oregon Community College
Dental Assisting Program Director
Dental Clinic Manager
2600 N.W. College Way, Bend, OR 97701
(541) 383-7574
lmurray@cocc.edu

Kemple Memorial Children’s Dental Clinic News for December 31, 2016  Suzanne Browning

Special thanks to all volunteer dentists that donated services to Kemple Clinic. We could not carry out our efforts without the donation of time, consultation, uncompensated treatments and support from these generous dental professionals. The following is the THANK YOU that appeared in the Bend Bulletin in NOVEMBER (for November In-Kind services):

As you can see by the length of this list, our dental volunteer network has been very busy since the beginning of the school year. We had several dentists continuing to join us in our Screen and Seal programs at the schools. A special shout out again to Dr. Ben Bryan of Mosaic Medical, Dr. Jean Martin and Dr. Richard Fixott for their great work side-by-side with our wonderful hygienist and dental assistant volunteers. OUR VOLUNTEER DENTAL COMMUNITY CONTINUES TO MAKE A BIG DIFFERENCE IN THE LIVES OF OUR SCHOOL AGE CHILDREN AND YOUNG ADULTS!! BRAVO!!

SCHOOL-BASED SCREEN AND SEAL PROGRAMS: During the first three months of this school year, nearly 5500 children were screened and 1200+ children will be receiving sealants as we return to the schools throughout the rest of the school year to complete sealant applications. We have provided dental screenings and Parent Basic Screening report cards for all children in the Redmond & Sisters elementary and middle school grades (as well as Sisters High School). The next few months will focus on screening Bend La Pine district schools, grades K, 1, 2 as well as our busy schedules to return to the Redmond & Sisters schools to apply sealants. We also conduct these programs in various Community Venues (e.g., Latino Community Association, etc.).

We welcome all dental professionals to help volunteer in the program. Please contact Debbi Smith, 541 617-1653 as soon as possible if you want to help us in these efforts, even for just a day or two. These events are very lively, fun and the efforts are rewarding. We certainly appreciate our current volunteers who regularly join us and generously help the children of Central Oregon. They are the best: the children trust and love them, and our region is lucky to have such a great talent pool. Please continue to thank those members of your staff who volunteer for Kemple Clinic in so many ways. You and your staff give us your skills, energy and time – the most thoughtful gift of all.

CENTRAL OREGON REGIONAL HEALTH IMPROVEMENT PLANNING – ORAL HEALTH WORK GROUP: During the past few months, the work group has brainstormed and gathered root cause analysis/key issues data and an inventory of programs that are already being implemented to achieve improvement for the two major health improvement goals:

1. keep children cavity free
2. Improve Oral Health for Pre- & Post Natal Women

All members are now prioritizing these root causes and issues to determine where the group will focus its efforts to achieve progress with these established goals in our Region. Meetings of this group are every third Tuesday of the month from 11am -1pm in the Deschutes County Building in Bend. If you are interested in being a member and/or attending the meetings, please contact Donna Mills,
Executive Director – CO Health Council. Your insights as to the priorities of our region in improving the oral health of our community would be greatly appreciated. Donna can be reached at her email: donna.mills@cohealthcouncil.org. We intend to keep the CODS up to date on all initiatives being addressed by this work group.
Volunteer Dental Opportunities in Central Oregon

- **Kemple Memorial Children’s Dental Clinic** – Contact Debbi Smith (debbi@kempleclinic.com), Maria Gonzalez (referrals@kempleclinic.com) or Cathy Taylor (cathy@kempleclinic.com) at 541-617-1653. General inquiries are directed to info@kempleclinic.com or by phone at 541-617-1653. Kemple Clinic provides preventative dental treatments at their Clinic (Hygienists & Dental Assistants) and referrals to your dental office for acute treatments for at risk children ages 3-18 and young adults ages 19-25 (at-risk: uninsured, underinsured, underserved children and young adults). Kemple Clinic also provides portable Screen and Seal Programs to Central Oregon at various schools and community venues - these programs are certified by OHA – Oral Health Unit. 

Website: www.kempleclinic.org
• **Donated Dental Service (DDS)**: Provide comprehensive treatment to the underserved. Work from your office, no lab fees and great patients. Contact Jessica Forsythe at 503-594-0837 or jforsythe@dentalLifeline.org or Mark Keener DMD at 541-548-4064.

• **Medical Teams International Mobile Dental Van** – Contact Debbie Stumbaugh @ (541) 977-4367 or dstumbaugh@medicalteams.org. Provide dental treatment for low-income adults and children in the Dental Van.

• **Healthy Beginnings** – Contact Shelley Irwin @ (541) 383-6357 or shelley.irwin@hdesd.org. Provide dental screenings for children and families in need.

• **Volunteers in Medicine Clinic** – Volunteer Dental Hygienists offer cleanings. Those interested can contact Kristi Jacobs 541-585-9008 or Kristi.jacobs@vim-cascades.org.

• **Smile Central Oregon** – Patients perform community service, in exchange for discounted dental treatment. Contact Dr. Julie Panchura @ (541) 771-1765 or www.smilecentraloregon.com or www.kahoot.org.

• **Central Oregon Community College Friday Clinic** -- Perform dentistry at COCC Dental Assisting Clinic with Dental Assisting students who are gaining clinical & chairside experience assisting you and the patient. Contact Lynn Murray for information about Friday Clinics at (541) 383-7574 or lmurray@cocc.edu for more information on dates of clinics and to volunteer.

• **Central Oregon Community College** Dental Assisting Program – Contact Deb Davies @ (541) 330-4368 or ddavies@cocc.edu for information on current Dental Assisting Students at COCC to observe and assist in your office, in order to earn their clinical hours and requirements for graduation.

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**Becoming a Member of the Central Oregon Dental Society**

If you are not currently a member of the Central Oregon Dental Society … or if your membership has expired and you wish to join organized dentistry once again … please:

1) Go to the following website [http://www.oregondental.org/member-center/join-renew](http://www.oregondental.org/member-center/join-renew) and download/print the Application Form.

2) After filling out the Application Form, please mail your completed application form to:
   Dr. Bill Guy
   65174 High Ridge Drive
   Bend, OR. 97701

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**Deadline for Articles for the Newsletter**

The deadline to contribute articles or request the posting of information in the Newsletter is the last day of each month. The Newsletter is typically sent out in the first few days of each month. Article submissions relevant to the Dental Community are welcomed. We also welcome any personal & fun information about local dentists such as births, marriages, special events and such.

**Your Contact Information**

Please ‘reply’ to this email and let me know if you have a new email address or want the Central Oregon Dental Newsletters going to a different email address than the one it is being sent to. All Dental Newsletters are sent via email … so if you want to be in the loop, please make sure your email address is current.

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**UPCOMING NEIGHBORING DENTAL SOCIETY EVENTS**
LANE COUNTY DENTAL SOCIETY
presents

HOT TOPICS IN EMERGENCY MEDICINE

Mary Ann Vaughan, BS, BA, BSN & Kent Wadsworth, BS, EMT-P
Friday, January 27, 2017  
8:00 a.m. – 12:30 p.m.  
Center for Meeting & Learning  
Lane Community College  
Main Campus, Eugene  

4 CE credits
The Adult Emergencies session includes: Actions to take until EMS arrives; Allergic reactions vs anaphylaxis; Chest pain; Cardiac arrest; Seizures; Diabetic emergencies; Common bleeding emergencies; and Septic emergencies. The Pediatric Emergencies session includes: Most common emergencies; Asthma; Allergic reaction; Seizures; Sedation complications; and Foreign body airway complications.

Course content is appropriate for all members of the oral health care team and appears to meet the Oregon Board of Dentistry’s requirement for continuing education (CE) in medical emergencies for the renewal of a dental or dental hygiene license. In addition, this course may also be counted towards the CE requirements to renew an anesthesia permit.

details and registration at
lanedentalsociety.org

LANE COUNTY DENTAL SOCIETY

OPIOIDS
THE ROLE OF DENTISTS

Gary Allen, DMD, MS - Amy Fine, DMD - Jennifer Webster, MA, MPH
Tuesday, March 7, 2017  
5:30 – 8:30 p.m.  
Center for Meeting & Learning  
Lane Community College  
Main Campus, Eugene  

2 CE credits
Prescription drug overdoses have become a public health epidemic. Since 2006 they have surpassed motor vehicle accidents as a leading cause of accidental death in the United States. Specifically, prescription opioid overdoses are a major contributor to drug overdose deaths, both nationally and locally. This panel discussion will focus on the role of dentists in curbing this epidemic, focusing on the ongoing coordinated efforts of various state and local stakeholders to implement proven strategies to reduce deaths, hospitalizations and emergency department visits related to drug overdoses.

Program topics will include: History of state public health initiative – Opioid epidemic, nationally and locally - Data on local rates of risky prescribing practices - Oregon Opioid Prescribing Guidelines Task Force – Why this matters to dentists – Dental pain acute vs chronic – Evidence base for analgesic use in dental pain – Oregon Prescriber Drug Monitoring Program – Using PDMP in your practice – Recommendations for prescribing practices

details and registration at
lanedentalsociety.org
Dear Dr. Rupert,

Our Doctor cannot remember to put the toilet seat down when he uses the Staff Bathroom. Do you have any ideas to help us train our Doctor?

Signed, Tired of Falling into the Toilet

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Dear Tired of Falling into the Toilet,

I don’t personally see a problem here. I’m sure your Doctor is very busy throughout the course of the day. He is focused on the patients and Hygienists waiting on him and simply does not have the time to put the toilet seat down. Usually, by the time that most Doctors make it into the bathroom, their bladders are so bloated and distended that they cannot think clearly. The relief from finally having made it into the bathroom without actually wetting their pants is so overwhelming that the only thought on their mind is to simply hit the center of the toilet bowl and avoid dripping on their pants or shoes!
No Doctor or man goes into the bathroom with the intention of laying a trap for the next person to fall into the toilet. Our only real goal and thought is to hit the center of the bowl and avoid making a mess all over the place!

I’m sorry that you’re falling into the toilet … but the only other option that I can think of would be to screw or nail the toilet seat down permanently … but then the seat might be wet every once in a while.

No sympathy here,

Dr. Rupert

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Dear Dr. Rupert,

What are some of your Practice goals for the next year?

Signed, Aspiring to be More Like Dr. Rupert

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Dear Aspiring to be More Like Dr. Rupert,

Like any other successful businessman or corporation, my primary goal will be to make more and work less. I plan on accomplishing that task by raising my fees and taking more vacations. I will be looking at ways to increase my retirement fund by decreasing Staff benefits and pay. I will seek to hire younger and less experienced Staff, so I can gradually replace my older and more experienced Staff members who are raking in tons more in benefits and pay. I will also be trying to reduce overhead by finding a lab overseas that charges less and uses inferior materials than my current American Lab. I will ask my Accountant to continue bending the rules and looking for new and creative ways to avoid paying taxes and look for ways to not claim ordinary income and to write off as many personal expenses under the umbrella of my office expenses as possible.

The bottom line is that I refuse to take a cut in pay, and I definitely don’t want to work as hard as I have been working ... and the only way to accomplish that will be to massage and reallocate the numbers.

Glad I could help,

Dr. Rupert

Dental Society Classified Ads

You are welcome to email me anything dental that you might want to sell/trade or buy. No charge to Dental Society members for listings. [Limited to 2-4 lines.]
$15/issue charge to non-Dental Society Dentists wishing to post items. [Limited to 2-4 lines.]
$60/issue charge to Labs/Suppliers/Businesses wishing to post services or listings. [Bigger sized ads are priced differently/higher.]

Full Time Dentist & Dental Hygienist Positions. Burns Dental Group is in need of a full time Hygienist or at least a full time fill-in starting Nov. 1. We also need another full time Dentist. For more information, please contact: Carolyn Bauer, Business Manager Burns Dental Group @ burnsdentalgroup@gmail.com or 541-573-7778

LOCUM TENEMENT FOR YOUR PRACTICE: Temporary coverage in your office with your staff at any level you desire. Dr. Bill Guy 541-788-4844.

Please contact Dr. Mehdi Salari (bendsalari@gmail.com) if you would like to post an announcement, classified or advertisement in future issues of the Central Oregon
Dental Newsletter. The Central Oregon Dental Newsletter is sent to all practicing and retired Dentists & Specialists in Bend, Redmond, Prineville, Madras, Sisters, La Pine, Sunriver, Warm Springs & Mitchell.

If you no longer wish to receive correspondence from the Central Oregon Dental Newsletter, please ‘reply’ to this email and ask to be removed from the email list.