The Newsletter is also being sent as an attachment along with this email, for those whose mobile devices or computers convert the content into Plain Text and wish to have it as a Word Document.

Central Oregon Dental Newsletter
February 1, 2017

c/o Mehdi Salari, DMD
bendsalari@gmail.com

Please reply to this email if wishing to post Announcements, Classifieds or General Monthly Advertisements in the CENTRAL OREGON DENTAL NEWSLETTER.

Highlights or Contents of this Newsletter:
○ Upcoming Meetings, Continuing Education & Events
○ Central Oregon Dental Community News
○ Dear Dr. Rupert Advice Column (Dental Practice Management GURU & Know-it-all)
○ Local Classifieds

Please thank the following businesses for their continued support of the Central Oregon Dental Newsletter & Community:
○ Advantage Dental
○ Assured Dental Lab
○ Jen Limoges, Broker / NAI Cascade Commercial Real Estate Services
○ Jones & Roth Financial & CPA Services
○ O’Brien Dental Lab
○ Zak Sundsten & Matt Dynice, Commercial Banking Managers / Umpqua Bank

UPCOMING CENTRAL OREGON MEETINGS & EVENTS
(Please email or send any dental related events or courses that you would like posted on this calendar.)

Mark your calendars and plan to attend ...

February 17, 2017 (Friday)
DBIC Risk Management Course
8:15 a.m. Check-in & Registration
9:00 a.m. – 12:00 p.m. Course
3 Hours of CE
Location: Eagle Crest Resort in Redmond
Cost: $50 for CODS Member Dentists, $75 for Non-Member Dentists, $25 for each Staff Member
Dr. Dehm has already sent Evite emails regarding this class. Please call Dr. Dehm’s office (541-382-0414) if you haven’t received the RSVP email.
March 3-4, 2017 (Friday & Saturday)  
**Course Flyer Attached with Newsletter**  
**Modern Patient Workshop** -- Master modern ways of attracting new patients  
Coach Ike, DMD  
14 Hours of CE  
Location: Las Vegas, Nevada  

March 9, 2017 (Thursday)  
**Accurate Shade Matching / Communicating Shades with Photos**

**Instructor:** Jamie Stover, CDT  
**Registration:** 5:30 p.m.  
**Course:** 6:00 p.m. - 8:00 p.m.  
**Location:** Deschutes Brewery Tap Room (1044 NW Bond Street in Bend)  
**CE:** 2 Credit Hours  
**Tuition:** $49 (Dinner & Drinks included)  
**To Register:** Call Ziemek (866.943.6357) for more information and to register  
**Sponsors:** Ziemek Laboratories
March 14, 2017 (Tuesday)
ODA’s Dental Day at the Capital
8:00 a.m. – 4:00 p.m.
6:30 p.m. – Dinner & Meeting to Follow
Contact Dr. Greggery Jones (greggeryjones@msn.com) if interested in carpooling. There are some Dentists from Central Oregon riding to Salem together ... and there is always strength in numbers!
Location: Oregon State Capital (900 Court St. NE, Salem)
Join your ODA colleagues in a day of advocacy at the state capitol educating yourself, legislators and their staff on critical issues impacting dentistry, including oral health care policy and funding, workforce, education and training.
This time will include an ODA member issues briefing, followed by meetings with your local legislators.
Register Now!
April 6-8, 2017
Oregon Dental Conference
Location: Portland, Oregon
Please go to www.oregondental.org/meetings-events/oregon-dental-conference for more information and registration information.

May 25, 2017 (Thursday)
Dental Society Dinner/Business Meeting
6:00 p.m. – Social ½ Hour
6:30 p.m. – Dinner & Meeting to Follow
Location: Riverhouse Convention Center in Bend
RSVP email coming from Dr. Dehm as date approaches

September 14, 2017 (Thursday)
Dental Society Dinner/Business Meeting
6:00 p.m. – Social ½ Hour
6:30 p.m. – Dinner & Meeting to Follow
Location: Riverhouse Convention Center in Bend
RSVP email coming from Dr. Dehm as date approaches

December 9, 2017 (Saturday)
Dental Society Holiday Party
6:00 p.m. – Social Hour
7:00 p.m. – Dinner
Location: Riverhouse Convention Center in Bend
RSVP email coming from Dr. Dehm as date approaches

Central Oregon Dental Society News
Stuff from the ODA

• FDA Bans powdered Surgeon’s Gloves
  The U.S. Food and Drug Administration (FDA) issued a ban on the use of powdered surgeon’s gloves, powdered patient examination gloves and absorbable powder for lubricating a surgeon’s glove. The ban, which takes effect Jan. 18, applies to devices already in commercial distribution. This means that these types of gloves and powder cannot be used Jan. 18 and thereafter. Continued use could be subject to potential enforcement actions. The FDA determined that the use of powder on medical gloves presents numerous risks to patients, including inflammation, granulomas and respiratory allergic reactions. The FDA has authority to ban devices if all of the available information and data present an unreasonable and substantial risk of illness or injury and cannot be corrected by changes to the labeling of the device.

• Announcing D4346: The New Scaling Procedure Code - As of January 1, dentists may use procedure code D4346 (scaling in the generalized presence of moderate or severe gingival inflammation - full mouth, after oral evaluation). This new code reflects the procedure for patients with gingival disease and no attachment loss. To learn more, download the free Guide to Reporting D4346. For more information on dental coding visit ADA.org. Questions? Call 312-440-2500 or e-mail the ADA.

• Regulatory Update - The ODA has updated its Best Management Practices (BMP) to prohibit the use of oxidizing line cleansers that contain bleach in conjunction with Amalgam Separators. Effective October 24, 2016, the Oregon Board of Dentistry (OBD) updated rules to the Oregon Dental Practice Act to include the updated BMP. As a result, if Oregon dentists comply with the revised BMP and OBD rules they will satisfy EPA requirements. If you have questions, please contact Member Compliance Coordinator Lori Lambright at 503-218-2010 x 104. View ODA’s Best Management Practices.

COCC Dental Assisting Program Update & Request For Volunteers

Dear Dentists,

COCC’s Dental Assisting Program is starting a new year! We are in need of dentist volunteers for our Dental Clinic, to offer DA students assisting experience while providing needed dental services to low income individuals in Central Oregon. A big THANK YOU to all of our past volunteers! Would you like to
volunteer this year too? We would also like to welcome new volunteers. Faculty, students and patients are very appreciative of your time and expertise!

We have organized Clinic Dates early to offer you the earliest possible notice, and with the hope that dentists interested in volunteering with us can find a date that works well for them. Clinics run from 8:00 AM to approximately 2:00 PM. We have added a Saturday Clinic as requested for dentists who work on Fridays. The other dates are on Fridays. The Clinic dates are as follows:

- February 3, 17 (Friday)
- March 3, 17, 31 (Friday)
- April 21 (Friday)
- May 5, 19 (Friday)
- June 2 (Friday)

Please contact Lynn Murray at 541-383-7574 to schedule your date. Feel free to leave a message with the date or dates you like and I will return your call. I look forward to working with you all! 6 hours of Continuing Education credits are also offered when you volunteer.

Lynn

Lynn L. Murray, M.Ed., RDA, CDA, EFDA, CPFDA, FADAA
Associate Professor of Dental Assisting
Central Oregon Community College
Dental Assisting Program Director
Dental Clinic Manager
2600 N.W. College Way, Bend, OR 97701
(541) 383-7574
lmurray@cocc.edu

Kemple Memorial Children’s Dental Clinic News for January 31, 2017

Special thanks to all volunteer dentists that donated services to Kemple Clinic. We could not carry out our efforts without the donation of time, consultation, uncompensated treatments and support from these generous dental professionals. The following is the THANK YOU that appeared in the Bend Bulletin in JANUARY (for December In-Kind services):

SCHOOL-BASED SCREEN AND SEAL PROGRAMS: During the first three months of this school year, nearly 5500 children were screened and 1200+ children will be receiving sealants as we return to the schools throughout the rest of the school year to complete sealant applications. We have provided dental screenings and Parent Basic Screening “Report Cards” for all children in the Redmond & Sisters elementary and middle school grades (as well as Sisters High School). The weather-caused school closures have created a significant backlog of sealant events over next few months and it will take a herculean effort and more volunteers to fulfill the identified sealant needs of our school children before this school year concludes. We welcome all dental professionals to help volunteer in the program especially with the challenging scheduling to make up the school day schedules. Please contact Debbi Smith, 541 617-1653 as soon as possible if you want to help us in these efforts, even for just a day or two. These events are very engaging, fun and the efforts are priceless. We certainly appreciate the volunteers who regularly join us and generously help the children of Central Oregon. Please continue to thank those members of your staff who volunteer for Kemple Clinic in so many ways. You and your staff give us your skills, energy and time – the most thoughtful gift of all.

FEBRUARY CHICAGO DENTAL SOCIETY MID-WINTER MEETING: If you already have plans to attend the Chicago Dental Society Midwinter Meeting, Kemple Clinic would love to invite you to join the National Children’s Oral Health Foundation Celebration of Smiles. The reception is February 23 from 5:30 – 7:30 CT at the Hyatt Regency McCormick Place Regency Ballroom A. As an affiliate of NCOHF, Kemple Clinic as well as other non-profit organizations will be recognized for their contributions to children’s oral health. Unfortunately, Kemple Clinic cannot attend this event. If you want to attend this reception representing Central Oregon, contact Suzanne Browning (suzanne@kempleclinic.com). She will provide an RSVP and
invitation for you. America’s ToothFairy: National Children’s Oral Health Foundation needs your support!

Join the reception if you can.

CENTRAL OREGON REGIONAL HEALTH IMPROVEMENT PLANNING – ORAL HEALTH WORK GROUP: During the past few months, the work group has brainstormed and gathered root cause analysis/key issues data and an inventory of programs that are already being implemented to achieve improvement for the two major health improvement goals: 1- Keep Children Cavity Free & 2- Improve Oral Health for Pre- & Post Natal Women

This cross-functional group meets every third Tuesday of the month from 11am -1pm in the Deschutes County Health Dept Building in Bend. If you are interested in being a member and/or attending the meetings, please contact Donna Mills, Executive Director – CO Health Council. Your insights as to the priorities of our region in improving the oral health of our community would be greatly appreciated. Donna can be reached at her email: donna.mills@cohealthcouncil.org. Dr. Richard Fixott is a regular attendee at these regional meetings and would be happy to answer any questions you might have. During the January meeting, participants discussed a recent OHA Insurance Survey 2015. Here is the link: https://www.oregon.gov/oha/analytics/InsuranceData/2015-Dental-Fact-Sheet.pdf.

Some key data that is of interest to all of us in the dental community is the respondents’ list of reasons for not getting dental care in the past year (Page 4 of the study). 30% of Oregonians surveyed indicated that they did not receive dental care in the past year and were asked why not. The two top reasons were: “cost of care” and “no reason to go”. Most of the respondents had dental insurance (see page 1 for breakdown). Both of these reasons for not having an annual visit can be positively improved with some effective education and encouragement. A challenge for all of us.
FEBRUARY IS NATIONAL CHILDREN’S ORAL HEALTH MONTH: “Give Kids a Smile”  
There are several posters available on this website that your offices might want to use to promote the month dedicated to the importance of children’s oral health.

This month, Kemple Clinic has asked several local stores in Sisters, Redmond, Terrebonne, La Pine, Bend and to participate in donating funds for dental supplies and services. We will post the names of those stores participating on our website and facebook as they sign up to support the GKAS efforts. Some may conduct their own fundraising processes. In addition, Kemple Clinic is participating in Redmond High School “Love my Health week”, doing screenings and oral health instruction. There will be two days of dental screenings and we welcome all volunteers to join us in this week of celebrating health on February 14th and 15th. We are proud to acknowledge Awbrey Dental for providing a full day for referrals from Kemple Clinic this month. We also may have a few referrals for those of you who would like to treat young adults. Our clinic appointments were negatively affected by the weather which has delayed many hygiene visits and assessments... but referrals will be coming soon.

Volunteer Dental Opportunities in Central Oregon

- **Kemple Memorial Children’s Dental Clinic** – Contact Debbi Smith ([debbi@kempleclinic.com](mailto:debbi@kempleclinic.com)), Maria Gonzalez ([referrals@kempleclinic.com](mailto:referrals@kempleclinic.com)) or Cathy Taylor ([cathy@kempleclinic.com](mailto:cathy@kempleclinic.com)) at 541-617-1653. General inquiries are directed to [info@kempleclinic.com](mailto:info@kempleclinic.com) or by phone at 541-617-1653. Kemple Clinic provides preventative dental treatments at their Clinic (Hygienists & Dental Assistants) and referrals to your dental office for acute treatments for at risk children ages 3-18 and young adults ages 19-25 (at-risk: uninsured, underinsured, underserved children and young adults). Kemple Clinic also provides portable Screen and Seal Programs to Central Oregon at various schools and community venues- these programs are certified by OHA – Oral Health Unit. Website: [www.kempleclinic.org](http://www.kempleclinic.org)

- **Donated Dental Service (DDS).** Provide comprehensive treatment to the underserved. Work from your office, no lab fees and great patients. Contact Jessica Forsythe at 503-594-0837 or [jforsythe@dentalLifeline.org](mailto:jforsythe@dentalLifeline.org) or Mark Keener DMD at 541-548-4064.

- **Medical Teams International Mobile Dental Van** – Contact Debbie Stumbaugh @ (541) 977-4367 or [dstumbaugh@medicalteams.org](mailto:dstumbaugh@medicalteams.org). Provide dental treatment for low-income adults and children in the Dental Van.

- **Healthy Beginnings** – Contact Shelley Irwin @ (541) 383-6357 or [shelley.irwin@hdesd.org](mailto:shelley.irwin@hdesd.org). Provide dental screenings for children and families in need.

- **Volunteers in Medicine Clinic** – Volunteer Dental Hygienists offer cleanings. Those interested can contact Kristi Jacobs 541-585-9008 or [Kristi.jacobs@vim-cascades.org](mailto:Kristi.jacobs@vim-cascades.org).
• **Smile Central Oregon** – Patients perform community service, in exchange for discounted dental treatment. Contact Dr. Julie Panchura @ (541) 771-1765 or [www.smilecentraloregon.com](http://www.smilecentraloregon.com) or [www.kahoot.org](http://www.kahoot.org).

• **Central Oregon Community College Friday Clinic** -- Perform dentistry at COCC Dental Assisting Clinic with Dental Assisting students who are gaining clinical & chairside experience assisting you and the patient. Contact Lynn Murray for information about Friday Clinics at (541) 383-7574 or lmurray@cocc.edu for more information on dates of clinics and to volunteer.

• **Central Oregon Community College** Dental Assisting Program – Contact Deb Davies @ (541) 330-4368 or ddavies@cocc.edu for information on current Dental Assisting Students at COCC to observe and assist in your office, in order to earn their clinical hours and requirements for graduation.

**Becoming a Member of the Central Oregon Dental Society**
If you are not currently a member of the Central Oregon Dental Society … or if your membership has expired and you wish to join organized dentistry once again … please:

1) Go to the following website [http://www.oregondental.org/member-center/join-renew](http://www.oregondental.org/member-center/join-renew) and download/print the Application Form.
2) After filling out the Application Form, please mail your completed application form to:
   - Dr. Bill Guy
   - 65174 High Ridge Drive
   - Bend, OR. 97701

**Deadline for Articles for the Newsletter**
The deadline to contribute articles or request the posting of information in the Newsletter is the last day of each month. The Newsletter is typically sent out in the first few days of each month. Article submissions relevant to the Dental Community are welcomed. We also welcome any personal & fun information about local dentists such as births, marriages, special events and such.

**Your Contact Information**
Please ‘reply’ to this email and let me know if you have a new email address or want the Central Oregon Dental Newsletters going to a different email address than the one it is being sent to. All Dental Newsletters are sent via email … so if you want to be in the loop, please make sure your email address is current.

**UPCOMING NEIGHBORING DENTAL SOCIETY EVENTS**
Prescription drug overdoses have become a public health epidemic. Since 2008 they have surpassed motor vehicle accidents as a leading cause of accidental death in the United States. Specifically, prescription opioid overdose is a major contributor to drug overdose deaths, both nationally and locally. This panel discussion will focus on the role of dentists in curbing this epidemic; focusing on the ongoing coordinated efforts of various state and local stakeholders to implement proven strategies to reduce deaths, hospitalizations and emergency department visits related to drug overdose.

Program topics will include: History of state public health initiative ~ Opioid epidemic: nationally and locally ~ Data on local rates of risky prescribing practices ~ Oregon Opioid Prescribing Guidelines Task Force ~ Why this matters to dentists ~ Dental pain: acute vs chronic ~ Evidence base for analgesic use in dental pain ~ Oregon Prescription Drug Monitoring System ~ Using PDMP in your practice ~ Recommendations for prescribing practices.

details and registration at
lanedentalsociety.org

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( WARNING: The chauvinistic, bipolar, arrogant, and politically incorrect opinions of Dr. Rupert do not reflect any organization or individuals' views or opinions ... except for Dr. Rupert; and are printed for light reading/entertainment purposes only.)

February  2017

Common Sense, Practical, Practice Management Advice for Dental Professionals
The All-Knowing, All-Seeing, GURU of Everything Dental & Mental
Dear Dr. Rupert,

I’m trying to find some organizations and businesses to sponsor ... in order to get my name out there a little bit more and hopefully attract more new patients. Do you have any recommendations or suggestions?

Signed, Want to be a Sponsor

- - - - - -

Dear Want to be a Sponsor,

I have learned over time that it’s important to support the industries and causes that support my practice and business. I routinely give and donate to:

- Amateur Boxing, Ultimate Fighting & Hockey Leagues,
- Salt Water Taffy Industry,
- Walmart Employees Union,
- The Soda and Gatorade Industry,
- The Tobacco Industry,
- The Dried Fruit Industry,
- Local Candy and Donuts Shops,
- The Almond and Peanut Industry,
- And a few other select industries and charities.

As to the folks, businesses and charities that don’t really support or contribute to our profession, such as The Forest Acquisition Trust, Anti-Malaria Foundation, Save the Pandas, The Clinton Foundation and the other folks who come knocking for sponsorship; I usually send them a pre-typed letter expressing my support for their good work and let them know that I will be praying for them.

Glad I could help,

Dr. Rupert

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Dear Dr. Rupert,

Sometimes I feel like I’m just plowing through the day treating patient after patient down at the office. What are some of the highlights during the course of your day at the office that help cheer you up?

Signed, Looking for Daily Highlights

- - - - - -

Dear Looking for Daily Highlights,

I have many different favorite highlights or high points during the course of my day, which help cheer me up! I don’t even know where to begin!

I love:

- Adjusting dentures and partials, because there’s so much acrylic dust and debris that falls on my pants, socks and shoes.
- Working on patients with strong gag reflexes, because I have to stop so many times and the constant threat of what could come up.
• Walking into an operatory where the child is crying and clutching their parents before I have even set foot into the room.
• When I’m 40 minutes behind schedule and my Hygienists comes in to tell me that they have pulled off a crown during the prophy and that there is a ton of decay under the crown.
• Working through my lunch to take care of the guy who was told three years ago to take care of their problem and is now hurting and not sleeping.
• Re-doing that large anterior resin that has been squeezed into the schedule at the end of the day, on the tooth that really needs a crown, but the patient keeps asking for another giant filling to save a few dollars.
• Filing and smoothing a spot on the tooth for the patient who insists they feel something rough, but it’s so small or insignificant that I can’t see or find it.
• Any filling or procedure where the patient stops me in the middle to answer their cell phone or respond to a text.
• When the patient asks to hold the suction in their hand, so they can stop me every 45 seconds to spit into the suction.

I better stop! As you can see, there are a lot of moments that cause me to stop, reflect and be thankful that I didn’t become a Software Engineer?

Hope I cheered you up,

Dr. Rupert

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**Dental Society Classified Ads**

You are welcome to email me anything dental that you might want to sell/trade or buy.

No charge to Dental Society members for listings.  [Limited to 2-4 lines.]

$15/issue charge to non-Dental Society Dentists wishing to post items.  [Limited to 2-4 lines.]

$60/issue charge to Labs/Suppliers/Businesses wishing to post services or listings.  [Bigger sized ads are priced differently/higer.]

Full Time Dentist & Dental Hygienist Positions. Burns Dental Group is in need of a full time Hygienist or at least a full time fill-in starting Nov. 1. We also need another full time Dentist. For more information, please contact: Carolyn Bauer, Business Manager Burns Dental Group @ burnsdentalgroup@gmail.com or 541-573-7778

**LOCUM TENUM FOR YOUR PRACTICE:** Temporary coverage in your office with your staff at any level you desire. Dr. Bill Guy  541-788-4844.

Please contact Dr. Mehdi Salari (bendsalari@gmail.com) if you would like to post an announcement, classified or advertisement in future issues of the Central Oregon Dental Newsletter. The Central Oregon Dental Newsletter is sent to all practicing and retired Dentists & Specialists in Bend, Redmond, Prineville, Madras, Sisters, La Pine, Sunriver, Warm Springs & Mitchell.

If you no longer wish to receive correspondence from the Central Oregon Dental Newsletter, please ‘reply’ to this email and ask to be removed from the email list.