

Post-operative Hospital Instructions

1. With fillings in the back teeth, they do not completely set for 24 hours, so a soft diet such as soup, mashed potatoes, macaroni and cheese, etc...is necessary for 24 hours.
2. Stainless Steel Crowns will cause soreness around the gum area, but it will go away with good oral hygiene. That means it is necessary to assist the child in brushing well around the gingival area. We do not want the plaque to build up, which has a lot of bacteria in it. Always stay away from sticky/chewy items such as taffy, caramels or licorice. These items can pull the crowns off.
3. For most children, they only require over the counter pain meds, such as Children's Tylenol, Motrin or Advil. It is rare to need anything stronger, but if the treating dentist feels your child may need it, it will be prescribed.
4. If a fluoride varnish was done on your child, the teeth will appear to have a yellow film on them, but this will go away with brushing. Do not brush your child's teeth the evening of their appointment to allow the fluoride to be absorbed by the teeth.
5. When you first get home or on your way home, start a liquid diet. As long as your child is not getting an upset stomach, go ahead and feed him/her a soft diet as listed above.
6. If your child does not have nausea after arriving home, try giving them liquids only to prevent hydration. If the nausea continues please call the office and follow the instructions on the message to page the on call dentist.
7. We do like to see the children after being treated under general anesthesia two weeks after their treatment to make sure everything is healing well and to follow up on any questions you may have about their treatment. Please call the office they were initially seen at and arrange for that appointment.

Special Instructions: _____
