

Helpful Guide to Dental Trauma

- Step 1: Remain calm, lift the lips and examine area, take photo with phone
- Step 2: Go to the urgent care or hospital with severe injuries, this includes: head, eye, limbs, or airway issues.
- Step 3: Call your dentist ASAP—we'll walk you through it. Some tooth or bone injuries require treatment within one hour of occurrence.

Injury

What To Do

- | | |
|---|--|
| * Knocked out tooth | Place tooth in milk and bring to appointment. Do not touch the root or try to clean it. |
| * Tooth broke in half | Place broken fragment in milk, bring it to dental office. Bite on clean towel. |
| * Tooth has been moved out of position. | Place gauze or clean towel in mouth to help with comfort. Call dental office. |
| *Tooth is very loose after Injury | Place gauze or clean towel to help with comfort. Call dental office. |
| *Bleeding from mouth | Call the dental office for an appointment. |
| *ToothSaver | A small cup usually kept with sports coaches, EMTs, ERs, and/or urgent cares. Contains Hank's Balanced Solution made for organ transplants—it stops the clock. |
| *Is it a baby tooth? Adult tooth? | Baby teeth tend to be whiter than adult teeth. When in doubt place in milk, show to dentist. |

**The Golden Hour: most teeth injuries need to be seen within hour to
save of tooth >>>**



NEAL FAMILY DENTAL
Alan Neal, DMD, FAGD

333 NW 3rd Avenue, Canby, OR 97013
503-266-2705 266-2973

Email: nealfamilydental@canby.com
www.nealfamilydental.com