



# PERIO MAINTENANCE

## What is a perio maintenance:

Periodontal maintenance (PM) is most commonly utilized for patients who have had active perio treatment. It is ongoing treatment for periodontitis, which is a chronic disease causing tooth and bone loss.

The objective of PM is to keep the disease under control and will need to be done routinely every 3 months.

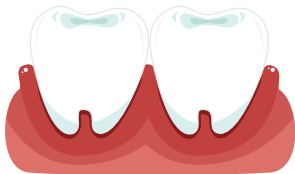
## Reasons for perio maintenance:

- Maintaining at risk gums
- Reduce **inflammation**

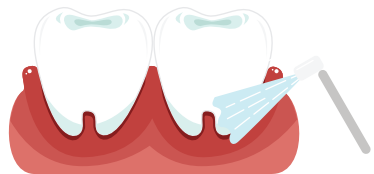
## Benefits of perio maintenance:

- Prevents tooth loss
- Improve overall health

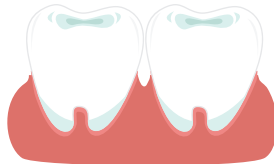
## How it's done:



Inflamed gums



Clean infected gums



Healthy gums

## POST OP CARE INSTRUCTIONS

### What to expect after treatment:

- Gum tissue may be sore after treatment.
- It is very important to keep your gums clean by brushing and rinsing twice a day for one minute with Listerine or Crest Prohealth.

For more detailed information, visit us at: [northviewsmiles.com](http://northviewsmiles.com)

### POST OP NOTES:

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