



POST LASER TREATMENT INSTRUCTIONS

A mild sunburn-like sensation is expected. This usually lasts for about 2-24 hours, but can persist up to 72 hours. Mild swelling and/or redness may accompany this, but it usually resolves in 2-3 days.

You may apply ice or gel packs to the treated area for 10-15 minutes every four hours for the first four hours after treatment, as needed. An oral anti-inflammatory medication, such as ibuprofen, may be taken to reduce discomfort. Use according to the manufacturer's recommendations on the label.

In some cases, prolonged redness or blistering may occur. An antibiotic ointment may be applied to the affected areas twice a day until healed.

You may bathe or shower as usual. Treated areas may be sensitive to warm temperatures. Cool showers or baths can offer relief. Avoid aggressive scrubbing and use of exfoliants, scrub brushes and loofa sponges until the treated skin is no longer inflamed.

Until redness has completely resolved, avoid all of the following:

1. Applying cosmetics to the treated areas
2. Swimming, especially in pools with chemicals such as chlorine
3. Hot tubs and Jacuzzis
4. Activities that cause excessive perspiration
5. Sun exposure to treated areas. Apply a broad spectrum, minimum SPF 30 sunscreen to prevent development of new pigmented lesions

For Hair Removal

Appearance of hair growth or stubble will continue for 7-30 days post-treatment. This is not new hair growth, but the treated hairs being expelled from the skin

In clients with facial hirsutism who have been diagnosed with polycystic ovary disease (POS) and who present with ovarian hyperandrogenism, there is a risk of a paradoxical effect resulting from activation of dormant hair follicles in untreated areas close to hirsute-treated areas.

For Pigmented Lesions

The lesions may initially look raised and/or darker with a reddened perimeter.

The lesions will gradually turn darker over the next 24-48 hours. They may turn dark brown or even black. This is normal.

The lesions will progress to scabs/crusting and will start to flake off in 7-14 days. Do not pick, scratch or remove scabs; let them fall off naturally.