

KNOTT STREET

DERMATOLOGY

HELPFUL INFORMATION WHILE PATCH TESTING – VISIT #1

Showering is not allowed during the patch test process. The patches must stay dry, undisturbed and on your back.

Patches are to remain on your back. If the patches or the tape slip or become detached, please call the office immediately.

An itchy spot on the back is a good sign. If you have a spot that becomes very itchy, it could be a positive reaction which helps us to identify the source of your allergic contact dermatitis.

Scratching or rubbing will disrupt the patch test. Irritation reactions can be itchy. Try to keep your hands, as well as others' hands, away from the patches.

Excessive activity is prohibited. If there is a chance that a particular activity could cause sweating, do not engage in that activity.

If you have any questions or concerns about the patch testing process, please ask for clarification.

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