



PATIENT INSTRUCTIONS PRIOR TO MOHS SURGERY

If you have been prescribed aspirin or aspirin-containing medication, please notify us. If you are taking aspirin because of a heart attack, stroke, or heart stent, you may continue this medication. If aspirin is being taken for preventative reasons (i.e. no previous heart attack or stroke), stop this medication 5 to 7 days prior to surgery and 3 days after surgery if permitted by your prescribing provider. Aspirin or aspirin-containing products, as well as products containing ibuprofen (i.e. Motrin, Advil, Nuprin, Aleve, Medipren) and vitamin E may cause increased bleeding. You may take acetaminophen (Tylenol) for any aches and pains prior to surgery.

If you have been prescribed the blood thinners warfarin (Coumadin) or clopidogrel (Plavix), please notify us and consult your prescribing provider. If taking warfarin (Coumadin), your INR (blood test for warfarin) should be between 2 to 3. Contact the clinic if your INR is greater than 3 before your surgery.

If you normally take an antibiotic prior to dental work (or require antibiotic prophylaxis), please bring this to our attention so we may make appropriate arrangements.

Avoid alcohol 48 hours prior to surgery.

On the morning of surgery:

- ◆ Eat your regular meals. You may bring snacks or meals to eat while you are waiting.
- ◆ You may take all your regular medications other than those described above. You may want to take your fluid pills, such as furosemide (Lasix), when you arrive home after surgery.
- ◆ Wear comfortable, loose fitting clothing, and preferably a loose necked or open-collared shirt. You may wish to bring a sweater or extra clothing if you get cold easily. If the surgery is to be performed on your face, do not wear any cosmetics/ makeup.
- ◆ Bring something to help pass the time, such as books, music and headphones, knitting, etc. Be prepared to spend 2 to 5 hours with us on the day of surgery.
- ◆ Please arrive at least 10 minutes prior to your scheduled surgery time. The location for MOHS surgery is at our NE Portland office (301 NE Knott Street, Portland, OR 97212).
- ◆ You may want to bring a family member or friend to wait with you. Please limit to one person due to limited space in the waiting area. You may need to make driving arrangements if the surgery site involves a post-operative dressing which may affect your driving, or if medications for anxiety are prescribed.

If it is necessary to cancel or change your appointment for any reason, please give us at least 2 business days' notice so we may fill that space.

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