This form is designed to give you the information you need to make an informed choice whether to undergo injection with botulinum toxin (Botox®) to improve your facial wrinkles.

Botulinum toxin is FDA approved to treat dynamic lines (lines that come and go with facial expression) above and between the eyebrows in patients between the ages of 18 to 65 years.

Botulinum toxin is injected into selected muscle groups in order to minimize facial wrinkles. It is highly effective against dynamic lines. It will soften but will not completely remove fixed lines (lines that are present on an expressionless face). The results from the first injection usually wear off over 3 to 4 months. Subsequent injections have a longer lasting effect and may not be totally reversible.

Selected sites around the eyes (crow’s feet), between the eyebrows, and/or forehead will be injected with small amounts of botulinum toxin. Although the results can be dramatic, you should be informed that no absolute guarantees can be made regarding the success or the risks of the treatment. Side effects include temporary mild discomfort during the injection and occasional slight bruising, which usually resolves within 10 days. There are a few reports of patients who have experienced temporary drooping of the lip, eyebrow, or eyelid, or temporary double vision. There is a small risk of inducing a severe vascular (migraine-like) headache that may last for several weeks. Allergic reactions to botulinum toxin can also occur. Breathing or swallowing problems have been reported and are more likely if you have other conditions that affect breathing or swallowing. Your provider should be informed of these conditions prior to injection.

Do not undergo injection with botulinum toxin if you:
- Are allergic to botulinum toxin
- Have a skin infection at the injection site
- Have a neurologic condition (i.e. myasthenia gravis, amyotrophic lateral sclerosis, or Lambert-Eaton syndrome)
- Are pregnant or breastfeeding
- Are taking aminoglycoside antibiotics (i.e. gentamycin, tobramycin, streptomycin)

Some medications, such as calcium channel blockers (i.e. amlodipine [Norvasc], Diltiazem [Cardizem]), penicillamine, and quinine, should generally be avoided as well. If possible, aspirin and aspirin-like drugs (i.e. ibuprofen, naproxen) should not be taken for at least 7 days before the injection, as they increase the risk of bruising at injection sites. Acetaminophen (Tylenol) does not have this effect and if needed, can be taken before the injections. After receiving the injections, avoid rubbing the injection sites to prevent migration of the botulinum toxin to other muscle groups, where it may cause unwanted effects. The onset of action usually occurs in 2 to 7 days.

This is a cosmetic procedure that does not have to be performed. Alternative treatments to lessen the appearance of facial wrinkles of expression include cosmetic makeup, chemical skin peels, surgical facelift, laser, or other surgical methods of skin resurfacing.

You will be asked for consent to have before and after photographs taken so that we may document the effectiveness of this therapy.

I certify that I have read the contents of this form. I understand the risk and alternative for this procedure. I have had the opportunity to ask questions regarding this procedure and all of these questions have been answered.

PATIENT PRINTED NAME
PATIENT SIGNATURE
DATE

PROVIDER NAME
PROVIDER SIGNATURE
DATE
BOTULINUM TOXIN (BOTOX®)
Post Care Instructions

◆ Do not bend over, lie down, or fall asleep for 4 hours after injection

◆ Normal activities can be resumed. (Take caution with exercise if it involves the above.)

◆ During the next 2-4 hours, squint and raise the eyebrows as much as possible to increase the uptake of botulinum toxin.

◆ Do not massage or rub the treated areas of the face or the eyes for the first 4 hours, as it may diffuse the toxin to adjacent areas and cause an undesired effect.