

Post-operative Instructions for Apical Surgery

- Take 600mg of ibuprofen every 6 hours for the next 2-3 days.
- Take prescribed medications as directed.
- Rinse with warm salt water 3 times a day, starting tomorrow. Or use the medicated rinse if prescribed.
- Place an ice pack on the area for the next 4 hours (15 min. on then 10 min. off) **DO NOT ICE AFTER TODAY**
- **Do not** eat on the affected side for the next 3 days
- **Do not** brush the teeth on the affected side for 24 hours
- **Do not** pull at your sutures or try to look at them, as they will come out.

The affected area will be very sore for the next few days. Swelling is likely to occur within the next few days, but will subside thereafter.

It is normal to have some bleeding in your saliva today.

Please call the office if you have significant pain, swelling, or bleeding.

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