“Endo Update, Some Stuff You Might Find Interesting”

By: Gary Boehne, DMD

The February 2013 MP Dental Society meeting featured Brian Whitten DDS, Assistant Professor, and Predoctoral Program Director at OHSU School of Dentistry. The course title: *Endo Update, Some Stuff You Might Find Interesting*. Outlined below are a few of course highlights

**Regenerative Endodontics:** The application of tissue engineering concepts to save an otherwise immature root and necrotic pulp and allow for pulpal regeneration and continued development.

While still in its infancy the future is promising and research is ongoing. The protocol for the procedure is still being developed. Cases were shown which involved conservative removal of diseased pulpal tissue, irrigation with sodium hypochlorite, the establishment of bleeding to form a clot, the application of antibiotics and the sealing of the pulpal space with MTA. Currently the AAE is developing a database of cases to aid in the development of procedural techniques and their application.

**Instrumentation:** Brief overviews of the following new instrument systems were presented.

**SAF system (ReDentNOVA):** A self-adjusting file, which is hollow, elastic, compressible and made of a NiTi lattice. Its mode of operation is vibration instead of rotary. A single instrument can be used to achieve complete 3D shaping, cleaning and irrigation once canal patency has been established using a 20 file.

**PathFile (Dentsply):** A new NiTi system involving three rotary files (013,016,019) for the quick and safe pre-flaring and establishment of a glide path. It can be used with any rotary system currently on the market.

**Vortex Blue (Dentsply):** A special proprietary treatment of a unique NiTi file that is reported to resist cyclic fatigue and breakage while showing increase in strength. It has shown to offer greater reliability in the treatment of curved canals with less likelihood of ledging or transportation.

**Wave One (Dentsply):** A single file system using a reciprocating motion. Due to the reciprocating motion cyclic fatigue is less, resulting is less breakage, and a balanced force resulting in time savings. It requires a special motor. OHSU SD is currently evaluating this product for the predoctoral program. The program will be transitioning into students leasing more of the instruments rather than purchasing them. The advantage of a single use/disposable file system makes sense with the new dental school curriculum.
Executive Board Notes

The Executive Board met on Feb. 5, 2013

- The MP Dental Day Board met prior to the Executive Board meeting. Specifics of the May 3rd event are being finalized. $5750.00 of the 10K needed has been offered.

- Donald W. Bretthauer was introduced at the Trustees meeting as the new ODA Director. Bill Zepp will be available until June to ease the transition.

- February 27th is the Legislation Day at the Capitol, all dentists are invited to participate. Please call Christina Swartz at the ODA for registration.

- The next HOD is slated for September 6-7, in Sunriver, OR, now is the time to sign up. There will be elections of a new board of trustees.

- The Oregon dental components have continued to lose the market share of membership. Membership is currently below 65%. New dentists are not joining organized dentistry as in the past. MP members need to reach out to non-member colleagues.

- One request for a full medical waiver was received and approved. Waivers are available from the ODA due to financial hardship.

- The Board has decided to re-activate a scholarship fund to help support Chemeketa’s dental assisting program. A motion was made: To set up a dental assisting scholarship fund at Chemeketa Community College for the next five years. The amount funded in 2013 will be $1200 to be awarded to one student. Subsequent monetary amounts will be determined at each January Board meeting. Money to support the scholarship fund will be taken from MPs past investments.

- The next series speaker schedule is filled with the exception of May 2014.
Endo Update continued

Terminology: To avoid confusion and enable all of us to be “on the same page”.
An update of current and recommended diagnostic terms was discussed and a handout was provided to
the attendees. Page one of the AAE Consensus Conference Recommended Diagnostic Terminology is
included.

In addition, a tour of the web site dentaltraumaguide.org was shown and undoubtedly will prove to be an
important resource to members present. Special thanks go to our sponsors this evening for hosting an
enjoyable meeting. They are HR Central Inc. and WEO Media.

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LOCATION: Roth’s West Salem
TIME: 5:30 social hour  6PM dinner  6:45 Speaker Presents

Hygienists Welcome!

BIO: Dr. Levine completed his general practice residency at OHSU in Portland, then went on to Indiana University School of Dentistry for his residency in Prosthodontics, 89-92. He is trained in all aspects of prosthodontics with an emphasis on fixed prosthodontics.

DESCRIPTION: Lecture. The All On-4 protocol uses fewer implants that are placed at mechanical inclinations to maximize support in the fabrication of fixed implant supported prosthetics in the edentulous patient. The use of angled implants allows the clinician to avoid encroachment on anatomy structures such as the sinus, nasal floor, or mandibular canal that make vertical placement difficult or impossible without grafting deficient sites.

OBJECTIVE: 1. Explore the advantages of placing a limited amount of implants when restoring the edentulous patient. 2. Examine how to maximize the use of available bone and allow for immediate loading. 3. Discuss patient selection and diagnosis, indications/contraindications and the treatment planning always with the prosthetic result in mind. 4. Evaluate final restorative solutions available. 5. review scientific evidence supporting All On-4.

MENU: Painted Hills tri-tip steak, rice pilaf, green beans, beverages, light dessert and no host bar.

COST: $20  cash or check only.

RESERVATION DEADLINE: is Thursday March 7th!!! All meals reserved and not honored will be billed. You may cancel on or before March 7th without charge.

PARKING: Is behind Roth’s, use the Hospitality door upstairs to the 2nd floor, “Oregon Room”.

RSVP: (503)581-9353 or e-mail mpdentalce@qwestoffice.net. You are asked to reserve with or without a meal in order to have the proper amount of seating available.

SPONSORS: Assured Dental Lab, O’Brien Dental Lab and HR Central Inc.
The sponsorship program enables MPDS to have nationally renowned speakers and programs. Sponsors are invited to all the MP CE meetings and are recognized for their generous continued support. This allows MP to offer dentists in our society important education opportunities at reduced costs. When you see sponsors at each meeting please thank them by checking out their products and display literature.

February 12, 2013
David Noland, ESQ.-HR Central Inc.
Ian McNickle-WEO Media
Denny Sanders—Medical Teams International

THANK YOU!

Deadline for all contributions, articles and ads is the 15th of the prior month.

MP members and staff are encouraged to submit articles, awards or photos.

Lane County Dental Society presents
Lane Thomsen, DDS, MS
Oral Pathology
Friday, March 15, 2013
8:00 a.m. – 3:30 p.m. Downtown Athletic Club
What In The World Is That?
A Review of Clinical and Radiographic Oral Lesions
This course will review the more common oral clinical and radiographic lesions that the dentist and dental hygienist are likely to encounter in the dental office. Treatment modalities will also be presented. In addition, this course will review the most common visual manifestations of oral malignancies.

Complete program details and registration at lanedentalsociety.org

DAYLIGHT SAVINGS TIME STARTS
MARCH 10TH
MPDS MISSION STATEMENT
“Committed to fostering collegiality, education and community service”

SAVE THE DATES
2013

March 12th-Roth’s-Tuesday
“All On-4, Fad or Phenomena”
Ron Levine, DMD

March 26th-Salem-Tuesday
Salem Homeless Connect
Contact Denny Sanders at MIT
(503) 930-9522 to volunteer

April 4-6th, Thurs.-Saturday
“ODA Conference in Portland”

April 15-21-Portland
Free Cancer screening at Providence

May 3rd-Chemeketa-Friday
MP Dental Day
9AM-2PM Health Sciences Building

May 14th-Roth’s-Tuesday
“Techniques and Trends in Dental Materials”
Jon Fundingsland-3M/ESPE
(Vote for new Executive Board)

September 6-7th Sunriver
Friday & Sat.
House of Delegates conference

November 25-26-Portland
Monday & Tuesday
MISSION OF MERCY
Convention Center
I am medical director of the Providence Oral, Head and Neck Cancer Program and Clinic and a practicing oral and maxillofacial surgeon in Portland. We are planning a screening event at the Providence Cancer Center as part of Oral Head and Neck Cancer Awareness Week.

As part of our service mission, we are planning our third annual free “oral cancer screening day” April 15-21. We are joining with the ODA to raise oral cancer awareness and to engage ODA membership in this endeavor. We are in the process of working out the details. We are not asking for any monetary support and there would be no real financial implications to the ODA.

I would like to promote this endeavor and to recruit interested dentists to become involved in the screening event. If you are interested please contact Bryan Bell, MD, DDS, FACS at the numbers listed.

Thanks in advance for your consideration—I hope all is well in your neck of the woods.

R. Bryan Bell, MD, DDS, FACS
Medical Director
(503) 221-1371

Oral, Head and Neck Cancer Program and Clinic Providence Cancer Center
1849 NW Kearney, Suite 300, Portland, OR 97209

NO CE COURSE IN APRIL DUE TO ODA CONVENTION
Dr. Bryan Johnson was able to move into his beautiful new building off Lancaster in February which is one block from his previous office. The staff has been extra busy putting everything away, organizing and are enjoying their new surroundings. There are a few things left to do and they are still awaiting their permanent sign.

New address: 3810 Beverly Ave. NE, Salem, OR 97305

MISSION OF MERCY 2013

Monday & Tuesday November 25 - 26, 2013
Oregon Convention Center
777 NE MLK Jr. Blvd * Portland, Oregon

2013-2015 DENTAL LICENSE RENEWAL

Renewal Notices for the 2013-2015 Dental renewal have been mailed. You are now able to renew online. PLEASE read through the entire renewal page before you proceed to the online renewal as many answers to common questions can be found within the information posted.


VOLUNTEER LICENSES

Oregon Dental licensure fees are waived for those licensees who hold a volunteer dental license as long as the qualifications are met. You MUST have verification of 80 total volunteer hours (40 hours per calendar year).

From: OBD
Want to Share Your Knowledge?  
Chemeketa Dental Assisting Students Want to Learn

We are excited to announce that we have 21 students currently enrolled in the Chemeketa Community College Dental Assisting Program. This term students are actively studying dental specialties, dental radiology, dental dam procedures, oral hygiene instruction as well as office management duties and laboratory skills. Their skills in alginate impression taking, pouring and trimming stone models are also improving weekly.

The students are also currently involved in a community service activity this term. In groups of 3-4 they are organizing, planning and presenting oral hygiene instruction to a variety of demographic groups. This has been a very successful activity getting students involved in our community.

Finally, the students are also getting into the real action of dental assisting in preparation for their spring term dental office practicum. Each Friday during winter term they have the opportunity to travel up to the OHSU School of Dentistry and assist the third and fourth year dental students. Also, while up there, each student is assigned to various specialty clinics for a 3-4 hour clinic rotation.

This year is going very quickly; the faculty is presently planning for spring term. **We are looking for dental offices who might be interested in accepting a Chemeketa Dental Assisting student for spring term practicum.** Spring term practicum provides the students with actual general dental office training and experience three (3) days per week for 10 weeks (the last four weeks the student may be placed in a specialty office). This involvement is an essential part of improving their skills taught and integrates commitment to integrity, excellence, and accountability.

If you or an office you know is interested in participating in our spring term practicum, please contact one of our Dental Assisting Faculty; Lynn George at (503) 399-5265, lynn.george@chemeketa.edu, Kara Johnson at (503) 399-5269, kara.johnson@chemeketa.edu or Jill Lomax at (503) 399-5264, jblem@my.chemeketa.edu.

We look forward to hearing from you!

*Lynn George*  
CDA, EFDA, MS  
Chemeketa Community College  
Dental Assisting Program Chair

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**CELEBRATE DENTAL ASSISTANTS WEEK March 3-9th**

It's time to recognize and thank the people in your dental practice who help make it run so smoothly and effortlessly. Dental offices throughout the world will celebrate Dental Assistants Recognition Week March 3-9. The theme of "Key to Productivity: The Professional Dental Assistant" continues this year.

Dental assistants are highly valuable and essential members of your team, what better time to thank dental assistants for the important role they play in patient care, than by honoring them nationally during Dental Assistant Recognition Week?

Dentists typically show their respect for dental assistants' contributions to the profession by providing perks such as luncheons, flowers or treats.
MARION POLK DENTAL SOCIETY IN CONJUNCTION WITH OIT HYGIENE/CHAKEKETA DENTAL ASSISTING PROGRAM IS OFFERING THE FIRST ANNUAL – “MP DENTAL DAY FREE CLINIC”

FRIDAY, MAY 3, 2013

The Marion Polk Dental Society along with Jill Schultz, Academic Director of the Oregon Tech Dental Hygiene program at Chemeketa, have planned a free dental day for low-income uninsured individuals.

After it was determined the scope of services provided would be simple, basic restorative procedures, the MP Board with the help of OIT/dental hygiene and Chemketa dental assisting students will select and screen patients for treatment.

OIT along with its approximately 60-80 volunteers, will triage and x-ray pre-approved patients several weeks ahead of time. This will eliminate lines and turning patients away at the door. MP dentists who are also volunteering their time, plan to see 50 patients, 9AM-2PM.

This first free dental clinic will allow the MP dentists and the OIT/Chemeketa program to get their feet wet and insure a successful project while still being of service to the Salem community.


Sponsorships to date:
Platinum Sponsor:
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Chemeketa Community College Foundation

Silver Sponsor:
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Pearl Sponsor:
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Rich Duncan Construction
Cravinho & Jaeger Financial Services, Inc.
Donofrio Valley Motors
West Coast/Columbia Bank

$250.00
DBC

$100.00
Assured Dental Lab

Supplies/Equipment:
Medical Teams International
O’Brien Dental Lab
Patterson Dental

THANK YOU!

To make a donation:
Make checks to: the ODA Charitable Activities Fund, with a memo-MP Dental Day.
Mail checks to: MPDS
2020 Commercial St. SE, Salem, 97302
www.mpdigitalce.com

THANK YOU FOR YOUR SUPPORT!
MPs EXECUTIVE BOARD NEEDS YOU!!!

It’s that time of year again when MPs Board positions cycle out and new members are needed to take their place. The vote for Executive council will take place at the May 14th CE course. Board Positions open June 1st: President Elect, Vice President, Secretary/Treasurer and Rep. at Large. Please contact Lori at the MP office If you have interest. @ (503) 581-9353.

ODA Dentists  Well-Being
24-hour Hotline
1- 503-550-0190
For help with litigation stress support, contact ODA’s central office at (800) 452-5628 Ext. 108.

As the saying goes, practice makes perfect. So if you are looking for a practice partner who understands the business needs of dental professionals, look no further than Pacific Continental Bank. Our bankers not only speak your language, their practice knowledge is perfect for you and your business. Who says we can’t be more than a bank?


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Could the same thing happen to the dental profession?

A short decade ago, dentistry was in the realm of the solo practitioner, providing individualized treatment in a personalized setting. In a blink of an eye, the profession has morphed into corporate practices with no face and solo/group practices with an eye on the bottom line. The days of "patient first" are being brushed aside for dental "institutes," gurus, consultants, scripting, periodontal conversions, home run case acceptances, and how to get 100 new bodies per month.

Dentists who shouldn't pick up a handpiece or lay individuals are now telling highly educated professional people what to do and how to run their livelihood. For example, a 20-something front-office person telling the dentist what the treatment plan should be to hit their arbitrary production numbers. What's the next big thing, and how to attract the lemmings, is the mantra.

Read the handwriting on the wall. Does dentistry need to follow in the footsteps of our failing healthcare system? Gone are the solo practices, and now it's getting harder to see a real physician. Is the dental therapist a peek into the future of dentistry?

Massachusetts is targeting medicine instead of the unsympathetic insurance companies to control runaway costs. Under the new plan, all doctors, hospitals, and other providers must register with a new state bureaucracy as a condition of licensure -- that is, permission to practice. The Massachusetts commission, comprising 11 members appointed by Gov. Deval Patrick, is empowered to control the practice and organization of medicine. Could dental practice be next?

In the 1980s, I spent lunchtime in the doctor's dining room of the largest private medical center in our state. At that time, the medical center had three hospital administrators; two of them were patients in my practice. All the medical specialists were independent practitioners, some in groups, while others solo.

I told my physician colleagues that I could read the tea leaves and that in the near future the "RDs" (real doctors) would be working for the administrators and making less than their bosses.

My comments were met with hearty laughs all around. They derisively told me, "That will never happen."  Wrong.

Now most RDs work for the hospital or a characterless corporation, with TV ads showing physicians without names. Just their specialty and whom they work for. The administrators retire with wonderful financial packages and are set for life. Any RD I know who can afford it has left medicine.

Is this the future of our profession? I don't have a crystal ball, but I would say we are well along that slippery slope.

So what is the answer? I don't presume to have THE solution, but here is a beginning:
Commit to a practice that is patient-centered and delivers a health service that is significant in terms of the patient's living values.

Gain satisfaction from creative work as a dentist, enjoying the respect, creativity, and the joy of simply being occupied in your own special work. Being motivated not primarily by money and financial gain, but by the work itself, by self-esteem and the admiration of the people associated with it: patients and staff. This can be a reward that can motivate more than money.

Establish relationships that are a continuous process conditioned by good will and responsive attitudes.

Educate patients so when they leave your office they can explain to friends their relationship with you and how it benefits them, immediately and in the years ahead.

Diagnosis and treatment planning provided by a qualified dentist.

Adjusting fees for public aid clients that reflect realistic overhead coverage could mitigate the disparity in dental care for this underserved population. Instead of developing a second level of care using minimally trained dental health aide therapists (DHATs), fully qualified dental teams could take care of these deserving citizens.

The dental profession should take the lead in a broad-based, omnibus educational initiative to eliminate oral disease. This would be cheaper and more effective than the complex and expensive training involved in a new cadre of dental therapists.

Have we forgotten that dental disease is preventable and controllable? You can exercise, improve your diet, and stop smoking and still have cancer, heart disease, or other systemic problems. Simple changes in daily habits are proven to eliminate decay and periodontal disease except in unmanageable areas. Why shouldn't our profession be the leaders in trying to put ourselves out of business?

There is agreement that oral healthcare needs to be delivered more efficiently and with accountability. The question is, accountable to whom? In my view, we should be accountable to patients and not political rulers of dentistry.

Will the American model of dental practice, which has been a standard for the world, follow the path of Kodak? Only time will tell, but our legacy can continue to serve our contract with society.

We have the opportunity to be transformative with our practice models in response to the challenges we face. The relationship-based model is still the gold standard, where patients are treated as total human beings.

William T. Brown, DDS, practices in Des Moines, IA. He started his blog, Dental Intelligence, in 2010 to share information and experiences that have fundamentally changed the way dentistry is practiced.

Dr. Brown reserves all rights to his Blog http://www.dental-intelligence.com/home/reflections-on-the-dentists-office-as-union-shop

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Thank you MP Sponsors for the Months of February & March

MOMENTS IN DENTAL HISTORY - 1840

The first dental college in the world, the Baltimore College of Dental Surgery, is founded by Horace H. Hayden and Chapin A. Harris, professors at the University of Maryland School of Medicine.

Assured Dental Lab
www.assureddentalab.com
877.283.5351

Upcoming DFO Events

- Motor Mouth Car Raffle at the Oregon Dental Conference, April 4-6th
- DFO Wall of Wine at the Oregon Dental Conference, April 4-6th
- Chip for the Teeth Golf Tournament, Friday, June 21st

E-mail the DFO to save your spot or call (503) 594-0880.

THANK YOU MP SPONSORS FOR THE MONTHS OF FEBRUARY & MARCH

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WEOMEDIA
GIVE KIDS A SMILE DAY 2013

The Boys & Girls Club was able to host Give Kids A Smile, a two day dental event, where uninsured kids received screenings and dental care. Over the course of the two days, 3 dentists, a hygienist and 5 dental assistants, cared for 24 kids and preformed $7,256 worth of dental procedures.

February was National Children’s Dental Health Month and the Boys & Girls Club was excited to take part in more events promoting the importance of dental health.

Additional events in February in the Health & Dental Services Center was Wednesday, February 13th MPY Dental Hygiene Society volunteers did screenings, fluoride varnish applications and education.

Wednesday February 27th the Tooth Taxi came to the State Capitol, 8-4pm serving uninsured youth from the Boys & Girls Club.

Special thanks to: Dr. Kinley Adams & staff, Dr. Gary Boehne & Staff, Elisa Schofield, RDH and Dr. Chris Martin & staff.

Jodi Loper, CDA, EFDA, Health & Dental Services Director
HOD SEPTEMBER 6 & 7, 2013
SUNRIVER RESORT
IN BEAUTIFUL SUNRIVER, OR

It’s never too early to sign up for the House of Delegates as either a delegate or alternate. September will be here before we know it! There will be important elections for the ODA Board of Trustees.

Bring your family and take a mini-vacation! Sunriver is located near the Cascade Mountain range, 15 minutes from Bend, and ideal for outdoor activities.

Sunriver has four golf courses, a spa, multiple dining options, a marina, horseback riding, fly-fishing, swimming pools, 35 miles of biking paths, a nature center and observatory.

Call or e-mail the MP office and let Lori know if you would like to sign up and represent MP this summer.

(503) 581-9353 or mpdentalce@qwestoffice.net

New HIPAA Rules Issued

On Jan. 17, the Department of Health and Human Services issued an omnibus final rule to extend patient privacy and security protections under the Health Insurance Portability and Accountability Act of 1996 (HIPAA). The rule will become effective March 26, 2013, although covered entities, including covered dental practices, will have an additional 180 days (until Sept. 23) to comply with applicable requirements.

As issued, the HIPAA rule, which ADA is in the process of reviewing, will:

- enhance HIPAA enforcement.
- extend many HIPAA requirements to "business associates" such as contractors and subcontractors that receive protected health information.
- expand individuals' rights to receive electronic copies of their health information and to restrict disclosures to a health plan concerning treatment for which the provider has been paid out of pocket in full.
- modify rules that apply to marketing and fundraising communications and the sale of protected health information.
- expand the definition of "health information" to include genetic information; and clarify when data breaches must be reported to the HHS Office for Civil Rights.

The final rule was published in the Jan. 25 Federal Register, the digest of government regulatory activity.

From: ADA
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