The Newsletter of the Marion Polk Dental Society

November 2012

“Offense, Defense & Special Teams Financial Strategies for your Dental Career”

By: David Swiderski, DDS, MD

The October 2012 general meeting of the MP Dental Society was held on Oct 9, 2012 and featured Jake Paltzer, a certified financial planner from LPL Financial. The goal of his presentation was to help us as dentists achieve our professional goals through careful financial planning. The theme of his presentation was football and he divided up the presentation by offense, defense and special teams strategies.

He presented three offensive strategies for success: 1) Retirement planning, 2) Multiple retirement income sources and 3) A qualified team of professional advisors. For retirement planning he recommended contributing as early as possible to your plan. He discussed three plans which may work well at different phases of a career. First was a traditional Roth IRA allowing participants to save ~ $5,000 per year. A Simple IRA is good for $13,000 savings a year and finally a Safe Harbor 401(k) profit sharing plan can allow you to save ~ $52,000 a year. For multiple income retirement sources he discussed pending changes in social security benefits as well as the investment property income and a second business post dental career. Of interest was a discussion of possibly delaying the start of social security benefits to maximize them over time. He explained once the benefits are turned “on”, they can never be turned “off”. Finally for he recommended having a good team of “coaches” consisting of an attorney, CPA, financial planner and insurance and practice transition professionals to guide your choices.

His three defensive strategies were: 1) Disability insurance, 2) Long-term care insurance and 3) Debt management. He stated that most dentists have disability insurance but suggested having policies from two different companies to increase your monthly benefit. He recommended obtaining long-term care insurance as you close in on retirement around the age of 50-55. Finally he recommended entering retirement with as little debt as possible. He divided the types of debt into good and bad and recommended paying off the bad debt early such as credit cards.

For his special team’s strategies, he recommended: 1) Buy/Sell agreements and 2) Estate planning. He discussed buy/sell agreements as a way to protect your family and employees if a triggering event occurs, such as retirement, disability or death. Buy/sell agreements are written plans on how to manage the affairs of your practice if a triggering event occurred and recommended having them funded and reviewing and updating them often. With estate planning he again reiterated that staring early is the key. He recommended having a will or trust so you decide your asset allocation instead of the State of Oregon. He also discussed several vehicles for gifting and legacy planning. These included a method of tax free gifting up to $13,000 annually or unlimited amounts annually to individuals to pay for medical or educational expenses. Finally he discussed giving appreciated stocks to charitable organizations as a way to reduce taxation for both you and the organization.
The MP Newsletter is a member publication of the American Association of Dental Editors

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MP
PH: (503) 581-9353
FAX: 503) 581-0628

EXECUTIVE BOARD NOTES

- The Executive Board met on Oct. 2, 2012
- Jennifer McLeod transfer from WDS, accepted for membership on 9/10/12.
- Tuong Nguyen Nguyen (Win Win), transfer from MDS, accepted for membership on 10/2/12.
- Welcome new Sponsor and Advertiser, Brooks Peacock with Wells Fargo Advisors.
- $15K was transferred from MPs checking on 9/28/12, and deposited into a new savings account. The Board felt the excess money was not best kept in checking.
- Frank Allen DMD, MAGD has agreed to be a speaker on 2/11/14, topic TBA. Other speakers are being considered dependent on CE requirements.
- Discussed fees for the December 7th CE course, Risk Management and Medical Emergencies. MP members $35.00 per session, $75.00 with lunch. Non-MP members $75.00 per session, $155.00 with lunch.
- Charitable funds were discussed. Before funding can take place, MP will need to look at its Mission Statement and By-Laws to see if they need to be amended to include a charitable arm, and a separate account. Any suggested changes will be brought before the membership for vote.
- The MP Dental Day Project is still in need of dentists, hygienists, dental assistants and non-clinical personal. Details are being worked out, more announcements to follow.
- MP has been approached regarding hosting the MOM 2014 in Salem. Membership will be polled on October 9th to see how much interest there might be before any further discussion takes place.
CONGRATULATIONS TO THE FOLLOWING MP DENTISTS; Drs. Tom Bell, Robert Grim, Martin Mehr and William Bonniksen; shown here with current MP President Bart Carter at the October 9th CE course, receiving their Lifetime Member award from the ADA/ODA/MP.

**MPDS NEAREST MEMBERS**

**Tuong Nguyen Nguyen, BDS MDS,** (Win Win) is a transfer member from Multnomah Dental Society, and was approved for membership on October 2nd.
Dr. Win is a 1999 graduate of Catholic University of Louvain with a specialty in Endodontics. TCB Endodontics, 620 12th St. SE, Salem, OR 97301 (503) 991-5921

**Alex Vo, DMD** was approved for membership on October 12th, and is a recent June 2012 graduate of OHSU, in family practice.
Dr. Vo is an Associate at Brite Smile Family Dental, 120 Mize Rd. S., Salem, OR 97302-5729 (503) 364-7776.
TUESDAY-NOVEMBER 13, 2012
“Enhanced Diagnosis & Treatment Planning with the Aid of Cone Beam Computed Tomography”
Drs. Truong, Stearns, Eyre, Seifert & Wylam

LOCATION: Roth’s West Salem

TIME: 5:30 social hour  6PM dinner  6:45 Speaker Presents

DESCRIPTION: This course will cover the benefits of cone beam computed tomography (CBCT) in different disciplines of dentistry. We will discuss the rationales for using CBCT and address its limitations.

OBJECTIVE: At the end of the course, participants should know the benefits and limitations of CBCT. They should understand when the application of CBCT would be a helpful adjunct in diagnosing and treatment planning in dentistry.

MENU: Parmesan Crusted Tilapia, tender flakey tilapia hand breaded in panko and parmesan, served with house made tartar sauce and lemon wedge, bakery rolls, seasonal blend vegetables, rice pilaf, beverages and light desert.

COST: $20.00

RESERVATION DEADLINE: is Tuesday November 7!! All meals reserved and not honored will be billed. You may cancel on or before Nov. 7th with no charge.

PARKING: Is behind Roth’s, use the Hospitality door upstairs to the “Oregon Room”.

RSVP: (503)581-9353 or e-mail mpdentalce@qwestoffice.net. (you are asked to reserve your place with or without a meal in order to have the proper amount of seating available)

Marion Polk Dental Society has been designated an approved PACE program Provider by the Academy of General Dentistry. This program provider’s formal CDE programs are accepted by the AGD for membership maintenance, Fellowship, and Mastership credits. The current term of approval that has been requested by the Oregon AGD, from National AGD on your behalf is from August 1, 2011 through July 31, 2015. Provider ID#212405

Deadline for all contributions, articles and ads is the 15th of the prior month.
MP members are encouraged to submit articles, awards or photos.
The sponsorship program enables MPDS to have nationally renowned speakers and programs. Sponsors are invited to all the MP CE meetings and are recognized for their generous continued support. This allows MP to offer dentists in our society important education opportunities at reduced costs. When you see sponsors at each meeting please thank them by checking out their products and display literature.

October 9th
Assured Dental Lab-Eric Krause
Willamette Valley Bank-Jim Vu and Steve Ness  THANK YOU SPONSORS!

Southern Oregon Mission of Mercy a big success!
Over $742,378 in care delivered in Medford.

Southern Oregon was the place for the 2012 Mission of Mercy with 1,076 volunteers coming together in Medford on Sept. 14th and 15th to provide 6,015 procedures to 1,204 patients.

In the last three years, the three MOM events have served nearly 5,000 patients in Portland and Medford and delivered $2,809,567 in free care with the help of 4,133 volunteers.
SAVE THE DATES
2012-13

November 13th- Roth’s
“Enhanced Diagnosis & Treatment Planning with the Aid of Cone Beam Computed Tomography”
Dr’s. Truong, Stearns, Eyre, Seifert & Wylam

December 7th, Friday-Roth’s
Medical Emergencies and Risk Management
Dr. Gabe Kennedy & Chris Verbeist from DBC

December 11th- Roth’s
“Tipping the Scale”
Cindy Towne of Burkhart

January 8, 2013-Roth’s
“Modern Treatment of Sleep Apnea the Cross Roads of Dentistry and Medicine”
Dr’s Douglas Skarada & Namjee Lee of Willamette ENT

February 12th-Roth’s
“Endo Update, Some Stuff You Might Find Interesting”
Dr. Brian Whitten from OHSU

MPDS MISSION STATEMENT
“Committed to fostering collegiality, education and community service”

HAPPY THANKSGIVING
If a patient’s spouse, or an adult patient’s parent, is responsible for paying the patient’s bill, what information can I disclose to the person responsible for payment?

Health and Human Services has made it clear that health care providers and their business associates may disclose protected health information (PHI) to persons other than the patient who are responsible for payment, provided the disclosures are limited to the minimum amount of information necessary to obtain payment.

In making such disclosures, health care providers must honor any reasonable requests for confidential communications and any agreed-to restrictions on the use or disclosure of the patient’s PHI. It is a good idea to state in your notice of privacy practices that if a patient designates another person as responsible for payment, you will disclose the minimum amount of PHI necessary to obtain payment from that person. If a patient objects to that disclosure, tell the patient that he or she will have to choose between paying for the services personally or allowing you to disclose information in order to obtain payment from another person.

From: Beryl Fletcher/ODA at bfletcher@oregondental.org / 503-218-2010 ext. 106 with questions
DON’T MISS THESE NEEDED CEs!
RISK MANAGEMENT AND MEDICAL EMERGENCIES

FRIDAY DECEMBER 7TH
Roth’s, West Salem

Dr. Gabe Kennedy 8AM-12PM
Chris Verbeist-DBC 1-4PM

MP members: $35.00 per session, $75 all day, includes lunch.
Non-MP members: $75.00 per session, $155 all day, includes lunch.

You are encouraged to pre-pay by mailing a check to the MP office:
2020 Commercial St. SE
Salem, 97302

Cancellation deadline: On or before Nov. 27th with no charge. Call or e-mail ASAP, Registration will fill up fast and room will be limited.

(503) 581-9353 or mpdentalce@qwestoffice.net

Staff may attend

Question:
Are short sleeves appropriate during patient care?

Answer:
It depends on the clinical procedure being performed. The OSHA bloodborne pathogens standard requires sleeves to be long enough to protect the forearms when spatter and spray of blood, saliva or other potentially infectious material is anticipated.

From: ADA

MOMENTS IN DENTAL HISTORY

3000 B.C.
In ancient Egypt, Hesi-Re is the first named “dentist” (greatest of the teeth). The Egyptians bind replacement teeth together with gold wire.
Registration is now open for Give Kids A Smile Day®, which will be celebrated nationally on Feb. 1, 2013. Be sure to register your program by November 9 to be considered for free product donation. The Give Kids A Smile program helps more than 450,000 children each year receive much needed oral health care.

The Tooth Taxi will again be stationed at the Capitol Steps on Friday February 1, 2013. This is your opportunity to join with your colleagues by helping underprivileged local school kids improve their dental health.

To Volunteer, call Jodi Loper at the Boys and Girls Club of Salem. (503) 581-7383x32. Dentists, Hygienists and Dental Assistants are welcome.

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**FDA Issues Recall Alert on Nitrous Oxide Delivery System**

The U.S. Food and Drug Administration (FDA) this week issued a "Class I" recall alert on Accutron, Inc.’s Ultra PC% cabinet mount flowmeters for nitrous oxide-oxygen sedation systems. The agency’s safety alert and recall notice are available at the [FDA web site](https://www.fda.gov).

Dentists who suspect problems with this flowmeter should report them to Accutron at 1-800- 531-2221 and to the FDA via its [MedWatch program](https://www.fda.gov). Accutron will replace the device free of charge.
Dental Professional Volunteer Opportunities

Boys and Girls Club of Salem

In October 2006 the Boys & Girls Club of Salem, Marion & Polk Counties began serving uninsured youth grades 1-12th in our new three operatory Health & Dental Services Center. Treatment clinics are scheduled and tailored to the volunteers. Grade level of patients scheduled may be requested by volunteering dentist doing treatment. We do have nitrous oxide available.

If staff are not available to come with the dentist we have staff expanded function dental assistants and volunteer assistants. We can schedule treatment and hygiene during the same clinic, when volunteers are available. We always welcome pre-dental/hygiene/assisting students to schedule observation time during clinics.

Patients are by appointment only and given at least one hour blocks during treatment and prophylactic clinics unless specified. Education is done in the waiting area for all family members during all clinics.

Health & Dental Services Center base hours are Monday through Friday 8:00am until 6:00pm. Saturday clinics are available to schedule from your calendar. The level of involvement can be tailored to meet the busy demands of your schedule. Dental, vision and health professionals, as well as those interested in creating lasting healthy solutions for youth and families are encouraged to contact us for more information.

If you would like to stop by the clinic to pick up a volunteer packet and look at the instrument and material inventory to assure your time in clinic is accommodating, please contact;
Jodi Loper CDA, EFDA | Health & Dental Services Director
jloper@bgc-salem.org
1395 Summer St. NE | Salem, OR 97301 | 503.581.7383 ext. 34 | www.bgc-salem.org/health

Union Gospel Mission of Salem

Union Gospel Mission opened their free dental clinic in Fall 2008 and began offering comprehensive dental services to men, women and children participating in UGM programs. Our dental clinic is located in our Women & Children’s facility (Simonka Place) in Keizer, OR. Currently, patients are placed on a waiting list by their case manager and are served as soon as possible when the clinic is open (currently Fridays only). Some clients with dental needs are served by the Medical Team International Dental Van, as we currently cannot meet the need of all the clients we serve. Our goal is to serve all current UGM clients on a timely basis and to serve other needy individuals in the community.

Interested volunteers can get more information about UGM and our Dental Clinic by visiting our website at www.ugmsalem.org. Volunteer applications are available on-line. Volunteer opportunities are available any day and anytime – whatever fits your schedule.
For more information:
Sharalyn Bechtel, Volunteer Coordinator • UGM Administration • 745 Commercial Street NE • 503.967.6388 • sbachtel@ugmsalem.org
Jeanine Knight, Simonka Director • Simonka Place (Dental Clinic) • 5119 River Rd N, Keizer • 503.362.7487 • jknight@ugmsalem.org
Salem Free Clinics

Salem Free Clinics opened their free dental clinic in April 2011 and began offering adult extractions to uninsured individuals.

Currently patients call and get placed on a waiting list and we work from that list to serve individuals.

Interested volunteers can go to our website at www.salemfreeclinics.org and click on the volunteer tab to fill out an application. Volunteers with the clinic have malpractice insurance through the Federal Tortes Claim Act, which is free and we do the processing. Further questions can be addressed to Trina Fowler, 503.990.8772 or trina@salemfreeclinics.org.

Feel free to stop by and get a tour at 1300 Broadway St NE Suite 104, Salem, OR 97301

By: Denny Sanders

Medical Teams International

Since 1989, Medical Teams International has been facilitating professionals in serving adults and children who have no access to the urgent dental care they need. In partnership with a variety of organizations, the staff of Medical Teams International takes the hassle and cost out of giving your time away.

One of our 11 mobile dental units is based in Salem, serving the central valley and the central coast. You pick the day, client population and even the community, a partner will create a schedule of those in need and we’ll all meet that day to give much needed care.

Talk to us about covering your malpractice insurance if you are retired and maintaining your license but have no plans to practice other than as a volunteer.

To put a date on the calendar, visit a clinic or ask your questions, contact Denny Sanders at 503.930.9522 or dsanders@medicalteams.org. You can also visit www.medicalteams.org to get more information.

Hydroxyapatite paste may reduce bleaching sensitivity

September 28, 2012 -- Tooth sensitivity is one of the chief complaints from patients undergoing tooth whitening. Using a nano-hydroxyapatite paste may significantly reduce the number of days a patient will experience tooth sensitivity during active bleaching, according to a study in the Journal of Esthetic and Restorative Dentistry.
FUTURE DATES OF ODA HOUSE OF DELEGATES.

It’s not too early to plan to represent MP in 2013 or 2014. Mark these dates on your calendar.

September 6-7, 2013
Sunriver Resort in Sunriver.

September 5-6, 2014
The Riverhouse Hotel and Convention Center in Bend.
Survey: Many with diabetes unaware of oral health connection

October 17, 2012 -- A survey conducted on behalf of Colgate Total revealed a lack of awareness about the various health issues associated with diabetes.

The survey was conducted online September 5-13, 2012, by Harris Interactive and included 657 U.S. adults, age 18 and older, who reported being diagnosed with type 2 diabetes. More than one-third of all respondents (36%) were not aware of the link between diabetes and oral health, and said they are less likely to associate oral health issues with diabetes than almost all other health conditions related to diabetes.

More than half (54%) reported one or more symptoms of periodontal disease, yet 67% said they do not discuss their oral health with their doctor. Additional key findings from the survey:

- 66% of respondents said they are unaware that people with diabetes are twice as likely to develop serious periodontal disease compared with those who do not have diabetes.
- 59% of respondents reported that they are not personally concerned about periodontal disease, and only 38% of those with diabetes said they pay a great deal of attention to their oral health and dental care.
- African Americans and Hispanics are more likely than Caucasians to say they are concerned about oral health and periodontal disease; in the survey, 36% of Caucasians said they are concerned, versus 56% of African Americans and 52% of Hispanics.

By DrBicuspid Staff
MSDS sheets changing to new format and will be called Safety Data Sheets (SDS) – Oregon employers must comply by December 1, 2013

Federal OSHA is revising the hazard communication standard for MSDS sheets. Oregon will adopt the new standard and format but will not require employers to comply until December 1, 2013. At that time all employers must have implemented the new standards and trained their employees. Employers should start asking their suppliers about updates for hazardous materials requiring SDS sheets.

ODA members must fulfill two sets of continuing dental education requirements: one for license renewal and one to maintain ODA membership.

Three hours of Risk Management is required every three years.

It is the responsibility of each member dentist to report all risk management hours to the ODA office.

The OREGON BOARD OF DENTISTRY requires, each dentist complete 40 hours of continuing education every 2 years with at least 3 hours related to Medical Emergency.

Current period is; 1/1/11-12/31/13
COORDINATED CARE ORGANIZATIONS

By: Bud Pierce, MD

Senate Bill 1580 authorizes the formation of CCO's, or Coordinated Care Organizations, to serve Oregonians insured by the Oregon Health Plan (Medicaid). The current CCO structure will only serve the Medicaid population, and will not serve standard Medicare nor commercially insured populations. The impetus for change in the Oregon Health Plan is the realization that the state can no longer afford the cost of insurance under the current care structure.

Prior to the formation of CCO's, the state was billed separately by dental providers, medical care providers, hospitals, and mental care providers for the care of Oregon Health Care plan patients, usually at a reduced rate, and for a limited number of services. Under the new CCO plan, the state will contribute a fixed amount of revenue to the CCO, and it is up to the CCO to distribute the monies to providers for the services provided for Oregon Health Care plan patients.

In Marion and Polk Counties, 11 organizations, plus Marion and Polk counties, have agreed to form Willamette Valley Community Health, LLC, our local CCO. The entities signing the agreement are ATRIO Health Plans, INC, Capitol Dental Care INC, Marion County, Mid-Valley Behavioral Care Network, WVP Health Authority, Northwest Human Services, Polk County, Salem Clinic, Salem Health/ Salem Hospital, Santiam Memorial Hospital, Silverton Health, West Valley Hospital, and the Yakima Valley Farm Workers Clinic.

The CCO will be governed by a board of directors, and managed by an executive director, as described in Senate Bill 1580. The expectation is that the CCO structure will allow differing parts of the health care delivery system to function more smoothly and efficiently, leading to cost savings, and that innovative preventive community programs can be developed, which should lead to additional cost savings. The CCO's seek to fulfill the triple aims of health care improvement; improving the patient's quality of care and satisfaction of the experience of care, improving the health of populations, and reducing the per capita cost of health care.

It is clear that the current model of providing insurance coverage for poor Oregonians is no longer tenable. We simply lack the resources to provide dental and medical services to the poor under the current payment system. As a practicing physician, I will do all that I can to work within the CCO system to provide the best possible medical care for our poor citizens who's insurance is provided by the Oregon Health Plan. I hope that you will consider participating in our CCO as we attempt to improve the health of our fellow Oregonians.

What is a CCO?

Coordinated Care organizations (CCO’s) have one budget that grows at a fixed rate for mental, physical and, ultimately, dental care. They are accountable for health outcomes of the population they serve.

CCOs are governed by a partnership among health care providers, community members, and stakeholders in the health systems that have financial responsibility and risk.

From: The Oregon Health Authority
Dental Retirement Plan Check-up: Establish, Preventative Care or Extraction?

By: Jake Paltzer, CFP®

Many successful dentists are so busy running their practices that they don’t plan for their own, or their employees, long-term financial future. Hoping to someday sell your practice and live off the profit is not a sound retirement strategy. By making a commitment today, you’ll have time to research the benefits of a successful office retirement plan, understand your plan options and implement a plan at the start of next year!

As a plan sponsor you may offer a retirement plan for a number of reasons. Perhaps to provide a benefit that can help you recruit and retain talented employees. Or, maybe you are concerned about saving for your own retirement while receiving tax benefits. Whatever the reason, if offering a retirement plan is important to you, it goes without saying that you expect the plan to be successful.

Deciding which retirement plan is right for you may seem daunting given your busy schedule and the number of retirement plan options. By focusing on your goals, understanding your options and matching plan features you should be able to have a plan ready for the start of next year. Whether you are a sole practitioner or an owner in a multi-dentist office, there are plan options available to pursue your goals.

If you already have a retirement plan, you have a fiduciary responsibility to make sure the plan is meeting its goals, is being properly administered and has reasonable expenses. By completing a plan review, you can confirm that your plan is operating as expected and helping you and your employees pursue financial goals. If your plan is not meeting its goals or being properly administered you can make the proper changes to get things on track.

The most difficult step of any journey is the first step. Luckily you don’t have to take the voyage towards a successful office retirement plan alone. Consult with your financial professional and/or tax advisor. These trained professionals, will be able to help you align a plan with your specific goals and provide assistance in setting up the plan. The sooner you establish a retirement plan the greater your chances of success down the road as your transition from practicing dentistry into retirement!

If you have any questions or would like additional information, contact Jake Paltzer, at 866-988-3624 or jake@jakepaltzer.com LPL Financial, Member FINRA/SIPC The opinions voiced in this material are for general information only and are not intended to provide specific advice or recommendations for any individual.

The ADA is teaming up with PopCap Games, makers of the family-friendly hit video game Plants vs. Zombies, to launch “Stop Zombie Mouth,” a campaign aimed at encouraging good oral health among U.S. children and their parents. More than 120 million people worldwide are playing Plants vs. Zombies, and now dentists can give it away as a sugar-free Halloween treat.

To get your coupons go to: www.stopzombiemouth.com

Redefine 'treat' this Halloween. Video game maker teams with ADA for Stop Zombie Mouth campaign.
HIPAA Privacy Frequently Asked Questions

Do HIPAA requirements apply to a patient’s records after death?

Yes. You may continue to disclose information for treatment, payment, or health care operations. However, any further disclosure (e.g., such as to family members or attorneys in a wrongful death claim) is not allowed unless permission is obtained from the deceased’s personal representative. You must take reasonable steps to determine who that personal representative is. In Oregon, a patient’s personal representative could be the spouse, another family member, or the executor/administrator of the will or estate. A “reasonable step” might include asking for a copy of the will that identifies the executor or administrator of the decedent’s estate. Disclosure to a coroner or funeral director is allowed without permission. Disclosure to law enforcement is allowed only if it is for purposes of alerting to the death.

Please contact Beryl Fletcher at bfletcher@oregondental.org / 503-218-2010 ext. 106 with questions

From: ODA
38th Annual Dorelle Ronai Memorial Poinsettia Sale

The proceeds from this year’s fundraiser will benefit these Marion and Polk County charities: Family Building Blocks, Women’s Crisis Center (Marion County), Liberty House, Sabine House Crisis Center (Polk County), HOME Youth & Resource Center, and the Medical Foundation’s Scholarship Fund.

Order Deadline: November 1, 2012
Deliveries: Week of November 26, 2012. **
Orders to be picked up: November 27, 1:00 pm to 5:00 pm or November 28, 9:00 am to 12:00 pm & 1:00 pm to 5:00 pm. (Location to follow.)
For more information, please contact the Medical Society at 503-362-9669

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Total Order ** $ __________

[Checkboxes for Pick-Up and Delivery]

Give a “Gift of Cheer”

You or your office can brighten someone’s Holiday! A “Gift of Cheer” is a 4” poinsettia plant that you purchase and we deliver anonymously to a patient of Willamette Valley Hospice. The gift is meant to bring a bit of cheer to a person’s day and to let them know that they are being thought of this Holiday Season.

4” Poinsettia @ $10 each or 3 for $25 $ _______ (Delivery charge does not apply)

Name: ____________________________
Office Name: ______________________
Address: __________________________
Telephone: _________________________
Email: ____________________________
Card Type: _________________________
Number: __________________________
Name On The Card: __________________
Exp. Date: _________________________
CVV#: ____________________________

Make checks payable to: Medical Foundation of Marion & Polk Counties
Mailing address: 2995 Ryan Drive SE, Suite 100, Salem, OR 97301
Fax to: 503-362-0119 – Phone: 503-362-9669

Are you working too hard and need some help? Or Are you looking for a job?

The Oregon Dental Association Cordially invites you to “Match” with potential employers and employees at the second

"ODA Match" - Annual Dental Employment Speed Interviewing Event
November 1st at 6:45 pm (to end by 8:45)
Oregon Dental Association Headquarters – 8699 SW Sun Place, Wilsonville, OR 97070

Job seekers can “match” with dentists who are looking for associate positions and other practice opportunities.
The event will be a structured format with each candidate spending 6-7 minutes with each hiring dentist.

Please RSVP by October 19th. This is a Member benefit and spaces are limited.
Contact Margaret Torgeson
Phone: (503) 218-2010 Ext 108 Email: mtorgeson@oregondental.org
**OraRisk® HPV: Determines who is at increased risk for HPV-related oral cancers.**

The OraRisk HPV salivary diagnostic test is a non-invasive, easy-to-use screening tool to identify the type(s) of oral HPV, which could potentially lead to oral cancer. Oral HPV is a mucosal viral infection that is a known risk factor for oral, head, and neck cancers.

The study in the *International Journal of Cancer* (October 4, 2012) showed that the quantitative Malignancy Index Diagnostic System (qMIDS) test had a cancer detection rate of 91% to 94% when used on more than 350 head and neck tissue specimens from 299 patients in the U.K. and Norway.

"A sensitive test capable of quantifying a patient's cancer risk is needed to avoid the adoption of a 'wait-and-see' intervention," stated lead investigator and inventor of the test Muy-Teck The, PhD, in a university press release. "Detecting cancer early, coupled with appropriate treatment can significantly improve patient outcomes, reduce mortality, and alleviate long-term public healthcare costs."

The qMIDS test measures the levels of 16 genes that are converted, via a diagnostic algorithm, into a "malignancy index" which quantifies the risk of the lesion becoming cancerous. It is less invasive than the standard histopathology methods as it requires a 1- to 2-mm piece of tissue (less than half a grain of rice), and it takes less than three hours to get the results, compared with up to a week for standard histopathology.

While this proof-of-concept study validates qMIDS as a diagnostic test for early cancer detection, further clinical trials are required to evaluate the long-term clinical benefits of the test for oral cancers.

With further development, it could potentially be applied to other cancer types as the test is based on a cancer gene -- FOXM1 -- which is highly expressed in many cancer types. In this study, the researchers used the qMIDS test to detect early cancer cells in vulva and skin specimens with promising results.

This study was jointly funded by the Facial Surgery Research Foundation - Saving Faces (U.K.), Bergen Medical Research Foundation, Norwegian Cancer Research Association, British Skin Foundation, and Cancer Research UK.