

The Newsletter is also being sent as an attachment along with this email, for those whose mobile devices or computers convert the content into Plain Text and wish to have it as a Word Document

CENTRAL OREGON DENTAL NEWSLETTER

May 1, 2018

c/o Mehdi Salari, DMD
bendsalari@gmail.com

Please reply to this email if wishing to post Announcements, Classifieds or General Monthly Advertisements in the CENTRAL OREGON DENTAL NEWSLETTER.

Highlights or Contents of this Newsletter:

- Upcoming Meetings, Continuing Education & Events
- Central Oregon Dental Community News
- Dear Dr. Rupert Advice Column (Dental Practice Management GURU & Know-it-all)
- Local Classifieds
- Dental Jumble

Please thank the following businesses for their continued support of the Central Oregon Dental Newsletter & Community:

- Advantage Dental
- Assured Dental Lab
- Jones & Roth Dental CPAs & Advisors
- O'Brien Dental Lab
- Zak Sundsten & Matt Dynice, Commercial Banking Managers / Umpqua Bank

UPCOMING CENTRAL OREGON MEETINGS & EVENTS

(Please email or send any dental related events or courses that you would like posted on this calendar.)

Mark your calendars and plan to attend ...

May 11, 2018 (Friday)

Advanced Cardiac Life Support (ACLS) Renewal Course for Dental Providers

Speaker: Dave Nixon

Time: 1:00 – 4:00 p.m.

Location: TBA

Cost: \$175 per person

Email/Contact Dr. Maureen Porter (maureenporterdds@gmail.com) to register and for more information

Description: Advanced Cardiac Life Support (ACLS) Renewal Course is an advanced, instructor-led course that highlights the importance of team dynamics and communication, systems of care and immediate cardiac and dental emergency care.

May 17, 2018 (Thursday)

Retirement Party for Deb Davies

After 20+ years of guiding the COCC Dental Assisting Program, Deb Davies will be retiring at the end of this year

5:00 p.m. – 7:00 p.m.

FOOD & FUN

Location: COCC Health Career's Building First Floor Foyer

She would love to see you! All former Dental Assisting Students, Practicum Offices and Dental Community members are invited.



May 17, 2018 (Thursday)

Dental Society Dinner/Business Meeting

6:00 p.m. – Social ½ Hour

6:30 p.m. – Dinner & Meeting to Follow

Speaker: Karen Wilson

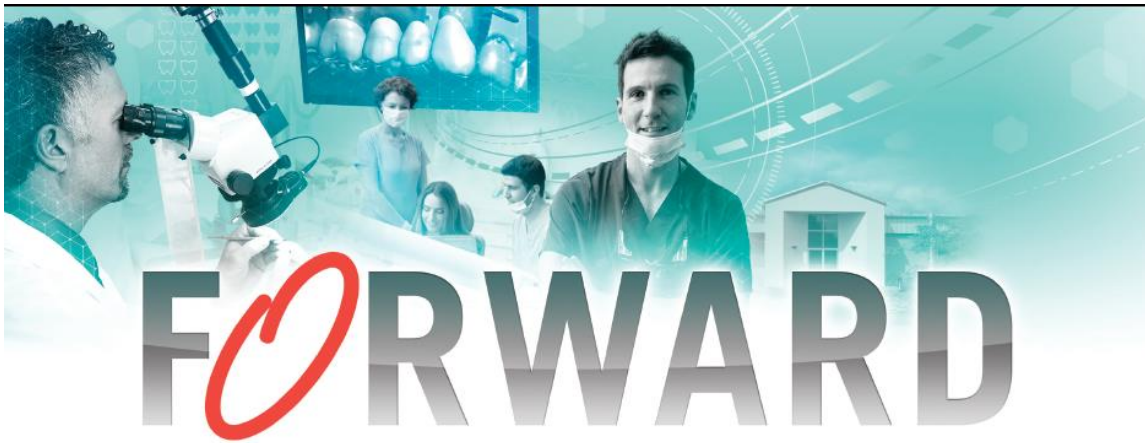
Topic: **Human Resources 101: Best Practices**

Location: Riverhouse Convention Center in Bend

RSVP email already went out ... please contact Dr. Nathan Lenox if you haven't received an RSVP

Description: Human Resources is a necessary part of most organizations. In this course, you will learn the responsibility of the dental office, the application of best practices and managing HR functions related to: recruiting, hiring, termination, discrimination, payroll, job descriptions, professional development, performance evaluations, contractual agreements, the importance of record keeping, employee retention, disciplinary actions, paid time off, sick leave, risk management, FMLA, employee handbooks, OSHA Safety Regulations, employment posters, general work ethics and online resources.

Educational Objectives: Attendees will gain an understanding of the Human Resources policies, procedures and regulations within the dental practice. These best practices can be applied to federal and state work place actions that will help to protect the company. At the conclusion of this course, attendees will know their responsibility as an owner, managing dentist or office manager and be able to apply standard HR concepts, laws and strategies within the dental clinic. Attendees will also learn their active role in managing people and applying best practices that enable employees to contribute to their highest level and achieve the business goals.



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Link to O'Brien Dental Lab Website: <https://www.obrientalab.com>

**May 24, 2018 (Thursday)
CULTIVATING CULTURALLY COMPETANT CARE**

Instructor: Karen Hall, RDH
 Registration: 5:30 p.m. (Registration and Appetizers)
 Course: 6:00 p.m. – 8:00
 Location: TBA (Bend, OR)
 CE: 2 Credit Hours
 Tuition: TBA
 More Info: CODHAinfo@gmail.com
 Sponsor: High Desert Dental Hygienists Association

Description: As Oregon's population is increasingly more diverse, it is imperative for dental providers to develop skills in serving patients from varying population groups. Using popular education activities, attendees will explore and discuss methods to improve cultural sensitivity and communication with patients from diverse backgrounds. By implementing the four C's for cultivating culturally competent care, attendees will gain confidence to use these skills in practice.

Educational Objectives:

- Recognize how Oregon's population is becoming more diverse
- List 8 factors which influence culture
- Identify four alternative oral health practices to heal oral diseases
- Practice communicating cultural sensitivity

About the Speaker: Karen Hall received her B.S. in dental hygiene from OHSU in 1985. Since then she has practiced in family practices and community health settings. She has been involved in dental hygiene education as a supervisor for clinical rotations at OHSU and Pacific University. Since 2007, Karen has utilized her expanded practice dental hygiene permit to provide hygiene care to patients with limited access to dental care in many different settings. She was employed by Virginia Garcia Memorial Health Center for 8 years treating pregnant women and children in the clinics, and families through school-based health centers. For 6 years, Karen developed and implemented oral health curriculum programs such as First Tooth through the Oregon Oral Health Coalition. Currently Karen contracts with Capitol Dental Care as an Oral Health Integration Manager primarily in the Outreach program. She also contracts with Dental 3 to provide assessments, education and fluoride varnish to young children in child care settings in the greater Portland area.

**May 24, 2018 (Thursday)
PROVIDER ACCOUNTABILITY AND PERFORMANCE MEASUREMENT**

Instructor: Jeff Clark, President of Practice Analytics, LLC
 Registration: 5:30 p.m.
 Course: 6:00 p.m. – 8:00
 Location: Deschutes Brewery Tap Room (1044 NW Bond St. in Bend)
 CE: 2 Credit Hours
 Tuition: \$49 (Dinner & a Drink Included)
 To Register: Call Ziemek Laboratory at 866-943-6357 to register

Sponsor: Ziemek Laboratories

Description: This course focuses on practice management with specific attention to measuring performance of practice providers and holding the team accountable for patient care. We will discuss the production lifecycle, the key drivers of production and what really matters when looking at the health of a practice. Production comes by way of providers, whether they be hygienists or doctors, and monitoring their performance acts as a proxy for overall patient care. It is easy to get distracted by useless information or to become overwhelmed by too much information about the practice. This course will help identify what really matters when it comes to managing your practice.

Educational Objectives:

- Learn the intricacies of the Production Cycle
- Identify metrics that are key drivers of production
- Learn how Utilization and Productivity can uncover opportunities in the practice
- Discuss how practices can track the most important measurements

About the Speaker: Jeff Clark is currently the President of Practice Analytics, LLC. He received his BS in Economics from Brigham Young University and his MBA from Carnegie Mellon University. Before starting Practice Analytics, Jeff spent ten years providing analytical consulting for consumer focused Fortune 100 companies. He then moved into the dental industry leveraging those analytical skills to develop performance measurement tools for a dental group in the Pacific Northwest. Practice Analytics has hundreds of clients across the US and Canada. Jeff currently resides near Portland, OR with his wife and three children.

September 8, 2018 (Saturday)
2018 House of Delegates Meeting

Location: Sunriver Resort

Please consider serving as a Delegate or Representative for the Dental Society.
More information down below.

September 20, 2018 (Thursday)
Dental Society Dinner/Business Meeting

6:00 p.m. – Social ½ Hour

6:30 p.m. – Dinner & Meeting to Follow

Speaker: TBD

Topic: **TBD**

Location: Riverhouse Convention Center in Bend

RSVP email likely to come 4 – 6 weeks before the meeting



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December 8, 2018 (Saturday)
Dental Society Holiday Party

6:00 p.m. – Social Hour

7:00 p.m. – Dinner

Location: Riverhouse Convention Center in Bend

RSVP email likely to come 4 – 6 weeks before the meeting

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Central Oregon Dental Society News

ODA House of Delegates [Oregon Dental Association](#)

The Central Oregon Dental Society needs a few more individuals to step up and volunteer to serve as a Delegate for the upcoming ODA House of Delegates, which this year is conveniently being held in beautiful Sunriver.

It's a great opportunity to get involved in Organized Dentistry and see how what goes on behind the scenes and to represent the dentists of Central Oregon. It's a great learning experience, there is no experience needed to join the fun and it's a great opportunity to enhance your leadership skills.

Interested individuals should email/contact Dr. Nathan Lenox at lenox.n@gmail.com.

When: Friday, September 7, 2018
Delegate Reception (optional)
6:30 pm

Saturday, September 8, 2018
House of Delegates Meeting
8:00 am – 5:00 pm (required)

Where: Sunriver Resort (17600 Center Drive, Sunriver, Oregon, 97707)

With many critical topics being brought back in 2018, including the report and recommendation(s) from the Component Task Force, we'd like to extend a special invitation to you to register as a 2018 delegate.

[Register Now*](#)

*Please note that you will need your ADA username and password to access the online delegate registration. Your user ID is your ADA membership number, unless you have created a custom user ID. If you need to reset your password, please contact the ADA at [800-621-8099](tel:800-621-8099) or mcpassword@ada.org

Once you have completed the registration process, the ODA will notify your component. Please contact cleone@oregondental.org with any questions you may have about this meeting. We look forward to seeing you in Sunriver!

[COCC News](#)

Deb Davies is retiring after teaching for 20 years in the Dental Assisting Program! We wish to invite all Dental Assisting graduates and area dentists, to celebrate the important contributions Deb has made to dental assistants and the dental community of Central Oregon. You are cordially invited!

May 17, 2018 (Thursday)
Retirement Party for Deb Davies
5:00 p.m. – 7:00 p.m.
FOOD & FUN

Location: COCC Health Career's Building First Floor Foyer

Please see the invitation: [[cid:image001.jpg@01D3D59D.14DC9AE0](#)]

Lynn L. Murray, M.Ed., RDA, CDA, EFDA, RFC, CPFDA, FADAA Associate Professor of Dental Assisting Central Oregon
Community College Dental Assisting Program Director Dental Clinic Manager
2600 N.W. College Way, Bend, OR 97703
(541) 383-7574
lmurray@cocc.edu

[Kemple Memorial Children's Dental Clinic News](#) for April 2018 [Suzanne Browning](#)

Special thanks to all volunteer dentists that donated services to Kemple Clinic. We could not carry out our efforts without the donation of time, consultation, uncompensated treatments and support from these generous dental professionals. *The following is the THANK YOU that appeared in the Bend Bulletin last month (for March In-Kind services):*



**Kemple
MEMORIAL
Children's
Dental Clinic**

In our effort to provide dental care to children in Central Oregon who can't afford it, the Kemple Memorial Children's Dental Clinic wishes to thank the following dentists for their volunteered services in March 2018.

VOLUNTEER DENTIST LIST IN THEIR OWN OFFICES IN MARCH 2018

Dr. Jared Anderson	Dr. Ashley Swan
Dr. Brad Burket	Dr. Andrew Timm
Dr. David Burrus	<u>VOLUNTEER DENTAL</u>
Dr. Elise Burrus	<u>PROFESSIONALS</u>
Dr. Ben Bryan	Dawn Bailey, RDH
Dr. Tyler Fix	Cindy Baumgardner, RDH
Dr. Benjamin Grieb	Hollie Crenshaw, DA
Dr. Brad Hester	Sherry Egbert
Dr. Mark Jensen	Dr. Richard Fixott
Dr. Gregg Jones	Darla Thompson, RDH
Dr. Mark Keener	
Dr. Roxane Kotzin	Thank You to COCC
Dr. Jean Martin	Dental Program, Rose
Dr. Tran Miller	Pharmacy and Westside
Dr. Tom Rheuben	Pharmacy for February
Dr. Mehdi Salari	Tooth Tools Drive.

At the Kemple Memorial Children's Dental Clinic, our mission is to improve the health and well-being of children in Central Oregon by facilitating critical preventative, educational, and dental treatment services for children whose families cannot access basic dental care. We do this through our dental clinic facility screen and seal program events at local schools and community partner organization venues with subsequent follow-up and referrals to volunteer dental professionals as needed. We provide portable preventative dental services to children and young adults regardless of insurability at various convenient locations. We advocate for all children needing timely, high-quality dental care.

SCHOOL-BASED SCREEN AND SEAL PROGRAMS We are in the final month of Return to Seal days with the Bend La Pine, Redmond, and Sisters districts, with close to 1000 children *with parent consent* needing sealants in these schools. **Below is our current schedule for our final month - Returning to Seal children in schools.** As we continue this busy schedule, we need several volunteers and/or backups to help us complete the sealant applications at the following schools:

All school schedules are 8:30-3:00:
May 8 Elk Meadow Elem.
May 11 Buckingham Elem
May 14 Ponderosa Elem.
May 16 Pine Ridge Elem.
May 18 RE Jewell Elem.

Please feel free to encourage your dental assistants and/or hygienists to contact us if they are available to volunteer for any of the dates above. Contact Debbi Smith at 541 617-1653 for details - this is a massive effort and we welcome the dedicated support of our dental community.

BRIGHTER SMILES CAMPAIGN – (whitening fundraiser - STARTS NOW): THIS YEAR, WE ARE PROUD TO ANNOUNCE THAT KEMPLE CLINIC HAS RECEIVED A MATCHING CHALLENGE GRANT OF \$20,000 FROM MAYBELLE CLARK MACDONALD FUND. This fund will match the dedicated whitening fees collected from the Brighter Smiles Campaign up to \$20,000. **This is a wonderful opportunity to receive double the benefits from the Brighter Smiles Campaign.** We

need more offices to sign up for this fundraiser; **if you provide only 5 whitenings it will result in a \$2000 benefit to Kemple Clinic.** Please join us and offer your patients Brighter Smiles at a reduced rate!!

Thanks to all the dentist offices that are already scheduling appointments for the May-June Brighter Smiles fundraiser (Whitening at the reduced price of \$200). Enclosed is a current list of participating dentists that have signed up – this list will be published in The Bulletin in May and June.

2018 Brighter Smiles Campaign: Participating Dentists

BEND DENTISTS

- **Dr. Bradley Burkett**
- **Dr. Mark Jensen**
- Bend Dental Group – **Dr. Jeff Johnson, Dr. Katherine Stahrr**
- Bend Family Dentistry – **Dr. Brad Hester, Dr. Tran Quach-Miller, Dr. Gregg Jones, Dr. Roxane Kotzin**
- Cornerstone Family Dentistry – **Dr. Yoli Di Giulio**
- Shevlin Dental Center – **Dr. David Cauble, Dr. Matt Falkenstein**
- Timm Family Dentistry – **Dr. Jeff Timm, Dr. Andy Timm, Dr. Ryan Timm**
- River Park Family Dentistry – **Dr. Ben Grieb**
- Pilot Butte Dental – **Dr. John Wiley**
- West River Dental – **Dr. Dennis Holly**

REDMOND DENTISTS

- **Dr. Marci Aplin-Scott**
- **Dr. Mark Keener**
- **Dr. Brandon Turley**
- Coppertop Dental – **Dr. Evan Olson**
- Redmond Dental Group – **Dr. Max Higbee, Dr. Dane Smith**
- Clark Family Dentistry – **Dr. Edward Clark**

SISTERS DENTISTS

- **Dr. Greg Everson**
- **Dr. Tom Rheuben**

LA PINE DENTISTS

- La Pine Dental – **Dr. Stephen Allen**

We really need to expand this list NOW.

Those of you who want more information and/or whitening product/posters delivered to your office – please contact the Kemple Clinic at (541) 617-1653 as soon as possible. We will come to your office and brief your staff and get you started with the event. PLEASE SEE OUR DENTIST OFFICE TOOL KIT ON THE KEMPLE WEBSITE:

<http://kempleclinic.org/events/brighter-smiles-campaign/> Scroll down to the Tool Kit For Participating Dentists where you will find posters that can be downloaded and used in your offices – one advertises the campaign in general and one advertises that your office is participating. There is also a Facebook content that you can place on your Facebook page. We strive to make the Brighter Smiles Campaign effortless and simple for you to manage. Just click the links below to see an example of the promotional materials for your use.

- [Kemple Smiles Small Flier](#)
- [Kemple Smiles Office Poster](#)

If you do not provide whitening services, please advertise the Brighter Smiles campaign anyway and, if appropriate, refer your patients to those dentist offices that are participating. *And, if you do not participate in whitening, as an option, we would appreciate your monetary donation to cover advertising and product costs – any donation will be doubled and very helpful.*

<p><u>Dental Financing Programs for:</u></p> <ul style="list-style-type: none"> • Equipment • Tenant Improvements • Doctor Buy-ins • Real Estate • Refinance/consolidate loans 		
<p>Zak Sundsten, VP 541-312-4857 zaksundsten@umpquabank.com</p>	<p>Matt Dynice, VP 541-312-4805 mattdynice@umpquabank.com</p>	
<p>400 SW Bluff Dr #100, Bend, OR 97702 www.umpquabank.com</p>		
<p>Equal Housing Lender</p>	<p>SBA Preferred Lender</p>	<p>Member FDIC</p>

Link to Umpqua Bank Website: <http://www.umpquabank.com>

Volunteer Dental Opportunities in Central Oregon

- **Kemple Memorial Children's Dental Clinic** – Contact Debbi Smith (debbi@kempleclinic.org), Maria Gonzalez (referrals@kempleclinic.org) or Cathy Taylor (cathy@kempleclinic.org) at 541-617-1653. General inquiries are directed to info@kempleclinic.org or by phone at 541-617-1653. Kemple Clinic provides preventative dental treatments at their Clinic (Hygienists & Dental Assistants) and referrals to your dental office for acute treatments for at risk children ages 3-18 and young adults ages 19-25 (at-risk: uninsured, underinsured, underserved children and young adults). Kemple Clinic also provides portable Screen and Seal Programs to Central Oregon at various schools and community venues- *these programs are certified by OHA – Oral Health Unit*. Website: www.kempleclinic.org
- **Donated Dental Service (DDS)**. Provide comprehensive treatment to the underserved. Work from your office, no lab fees and great patients. Contact Jessica Forsythe at 503-594-0837 or jforsythe@dentalLifeline.org or Mark Keener DMD at 541-548-4064.
- **Healthy Beginnings** – Contact Kelli Neumann @ (541) 383-6357 or kelli.neumann@hdesd.org. Provide dental screenings for children and families in need.
- **Volunteers in Medicine Clinic** – Volunteer Dental Hygienists offer cleanings. Those interested can contact Kristi Jacobs 541-585-9008 or Kristi.jacobs@vim-cascades.org.
- **Smile Central Oregon** – Patients perform community service, in exchange for discounted dental treatment. Contact Dr. Julie Panchura @ (541) 771-1765 or www.smilecentraloregon.com or www.kahoot.org.
- **Central Oregon Community College Friday Clinic** -- Perform dentistry at COCC Dental Assisting Clinic with Dental Assisting students who are gaining clinical & chairside experience assisting you and the patient. Contact Lynn Murray for information about Friday Clinics at (541) 383-7574 or lmurray@cocc.edu for more information on dates of clinics and to volunteer.
- **Central Oregon Community College** Dental Assisting Program – Contact Deb Davies @ (541) 330-4368 or ddavies@cocc.edu for information on current Dental Assisting Students at COCC to observe and assist in your office, in order to earn their clinical hours and requirements for graduation.

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and click on Become a Provider.



Link to Advantage Dental Website: <http://www.advantagedental.com>

(**WARNING:** *The chauvinistic, bipolar, arrogant, and politically incorrect opinions of Dr. Rupert do not reflect any organization or individuals' views or opinions ... except for Dr. Rupert; and are printed for light reading/entertainment purposes only.*)

May 2017

***Common Sense, Practical, Practice Management
Advice for Dental Professionals
The All-Knowing, All-Seeing, GURU of Everything Dental & Mental***

Dear Dr. Rupert

(Please submit your questions, comments or disgruntled remarks to DearDrRupert@yahoo.com)

Dear Dr. Rupert,

At least two times each week, it seems that one of my Assistants manages to miss the patient's mouth during a rinse and manages to squirt the water right onto my pants or thighs. There's always a quick apology, but the repetitive pattern of squirting me with water has me wondering if my Assistants are doing this on purpose?

Any insight you can provide would be greatly appreciated.

Signed, Getting Soaked

Dear Getting Soaked,

Your intuition is incorrect. Your Assistants are indeed squirting your pants with water on purpose, just because it gives them something to chuckle about during their lunch break. It's a traditional Dental Assistant contest that has been going on since the days of the Roman Empire!

The trick is to make it look like an accident and to squirt you with enough water to get your pants. There are more points for the Dental Assistant, the longer your pants stay wet and the closer they get the water to your zipper.

I sort of stumbled onto the solution by mistake several years ago. After a particularly good soaking right around my zipper, I had no choice but to go to the Staff Lounge, take my wet pants off and throw them in our Office Dryer to quickly dry out the wet spot.

As I was standing in the Staff Lounge next to the dryer in my underwear, a couple of my Staff members happened to walk in to grab a sip from their water bottles! I let them know that I was drying out my pants and proceeded to scratch myself to relieve an itch. I've never seen two Dental Assistant run or move so fast in my life! They scattered out of the Staff Lounge faster than the President's Cabinet members.

Ever since that day, I haven't been squirted once! They stopped playing their little game, once they realized I wasn't afraid to walk around in my underwear down at the office. The only other way to stop the Assistants from soaking your pants is to use your air syringe to dry the water from your pants. Once your Assistants witness you blowing air across your zipper for three minutes straight, they will stop squirting water on you on purpose.

Glad I could help,

Dr. Rupert

Dental Society Classified Ads

You are welcome to email me anything dental that you might want to sell/trade or buy.

No charge to Dental Society members for listings. [Limited to 2-4 lines.]

\$15/issue charge to non-Dental Society Dentists wishing to post items. [Limited to 2-4 lines.]

\$60/issue charge to Labs/Suppliers/Businesses wishing to post services or listings. [Bigger sized ads are priced differently/higher.]

PRACTICE OPPORTUNITY IN BEND

Fun and Excellence is yours.

No insurance contracts, no roller skates, it feels good here.

I love what I do, figured some things out, have grown it for a while [46 years] and ... it's time to transition.

Spring days, teaching opportunities, toys are calling ... and each hour is precious.

This practice is simple, fun and rewarding. It's about excellence and health, actually taking care of people.

We focus on healthy care and on fixed prosth from diagnosis through any implant care to complex reconstruction.

Yes, I teach that stuff, and would help get you up to speed ... may be worth a residency or two. I can't teach essentials like 'caring' or respect for 'process'.

Would rather this jewel land in the hands of an already local Dr. than import one more to our mix ;~}.

Am happy to work/mentor as requested until purchaser is and feels competent/confident.

Let's talk about it: Tad at 541-410-0285; tad@mastersofdentistry.net

1800 sq./ft. stand-alone office building available for lease/rent located at 551 NE Greenwood Ave. in Bend. Highly usable, versatile space could be used for various business types (previously a dental office). Parking lot included. If interested, please contact 949-228-7299 or 541-480-7048.



LOCUM TENUM FOR YOUR PRACTICE: Temporary coverage in your office with your staff at any level you desire. Dr. Bill Guy 541-788-4844.

Dental Jumble

Unscramble the letters in the words below to form a sentence or saying associated with Dentistry.

(E T W I H) (O C T A) (N D M E S O R Y)

*Answers in next month's Newsletter.
Jumble Hint/Clue at bottom of Newsletter.*

Becoming a Member of the Central Oregon Dental Society

If you are not currently a member of the Central Oregon Dental Society ... or if your membership has expired and you wish to join organized dentistry once again ... you may:

- 1) Download the application paperwork at <http://www.oregondental.org/member-center/join-renew>
- 2) Contact Alexa Hujik, Coordinator for Membership & Administrative Services
 - Phone: (800) 452-5628
 - Email: ahujik@oregondental.org ,

Deadline for Articles for the Newsletter

The deadline to contribute articles or request the posting of information in the Newsletter is the last day of each month. The Newsletter is typically sent out in the first few days of each month. Article submissions relevant to the Dental Community are welcomed. We also welcome any personal & fun information about local dentists such as births, marriages, special events and such.

Your Contact Information

Please 'reply' to this email and let me know if you have a new email address or want the Central Oregon Dental Newsletters going to a different email address than the one it is being sent to. All Dental Newsletters are sent via email ... so if you want to be in the loop, please make sure your email address is current.

Please contact Dr. Mehdi Salari (bendsalari@gmail.com) if you would like to post an announcement, classified or advertisement in future issues of the Central Oregon Dental Newsletter. The Central Oregon Dental Newsletter is sent to all practicing and retired Dentists & Specialists in Bend, Redmond, Prineville, Madras, Sisters, La Pine, Sunriver, Warm Springs & Mitchell. The Newsletter is sent out on the 1st day of each month and new content needs to be submitted before the last day of each month, in order to be included in the following month's Newsletter.

Jumble Hint/Clue:

Some patients experience ...

If you no longer wish to receive correspondence from the Central Oregon Dental Newsletter, please 'reply' to this email and ask to be removed from the email list.