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CENTRAL OREGON DENTAL NEWSLETTER

September 1, 2017

c/o Mehdi Salari, DMD
bendsalari@gmail.com

Please reply to this email if wishing to post Announcements, Classifieds or General Monthly Advertisements in the CENTRAL OREGON DENTAL NEWSLETTER.

Highlights or Contents of this Newsletter:

- Upcoming Meetings, Continuing Education & Events
- Central Oregon Dental Community News
- Dear Dr. Rupert Advice Column (Dental Practice Management GURU & Know-it-all)
- Local Classifieds

Please thank the following businesses for their continued support of the Central Oregon Dental Newsletter & Community:

- Advantage Dental
- Assured Dental Lab
- Jen Limoges, Broker / NAI Cascade Commercial Real Estate Services
 - Jones & Roth Dental CPAs & Advisors
 - O'Brien Dental Lab
- Zak Sundsten & Matt Dynice, Commercial Banking Managers / Umpqua Bank

UPCOMING CENTRAL OREGON MEETINGS & EVENTS

(Please email or send any dental related events or courses that you would like posted on this calendar.)

Mark your calendars and plan to attend ...

September 21, 2017 (Thursday)

Dental Society Dinner/Business Meeting

6:00 p.m. – Social ½ Hour

6:30 p.m. – Dinner & Meeting to Follow

Speaker: Jones & Roth, CPA

Topic: **Preventing Fraud & Embezzlement in the Dental Office**

Location: Riverhouse Convention Center in Bend

RSVP email has already gone out ... if you haven't gotten an RSVP email already, please contact Dr. Dehm at gary.dehm.dmd@hotmail.com.

DENTAL FINANCING PROGRAMS FOR:

- Equipment
- Tenant Improvements
- Doctor Buy-ins
- Real Estate
- Refinance/Consolidate Loans

Zak Sundsten, VP
Commercial Banking Manager
(541) 312-4857
zaksundsten@umpquabank.com

Matt Dynice, VP
Commercial Banking Manager
(541) 312-4805
mattdynice@umpquabank.com

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November 2 & 3, 2017 (Thursday & Friday)
Symposium on Healthcare Professional Wellness

Anxiety, Exhaustion, Depression, Burnout, Suicide and Human Rights Violations in Medical Professionals: Symptoms, Signs, Causes, Prevention, Treatment

Instructor: Multiple Speakers and Experts

Registration: TBD

Continuing Education: up to 4.5 Hours (if attending the various seminars)

Location: St. Charles Medical Center in Bend

Sponsors: Central Oregon Medical Society, St. Charles Foundation, St. Charles Healthcare System & Central Oregon Dental Society

Symposium Objectives: Multiple experts and discussion on the rigors of healthcare, geared towards preventing healthcare provider stress and burnout.

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December 9, 2017 (Saturday)
Dental Society Holiday Party

6:00 p.m. – Social Hour

7:00 p.m. – Dinner

Location: Riverhouse Convention Center in Bend

RSVP email coming from Dr. Dehm as date approaches

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Background
Brian Goff, CDT

Foreground
Alex Rugh, CDT



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Central Oregon Dental Society News

Message from CODS President / Upcoming Elections for Dental Society Officers

Hello all.

At our upcoming meeting in September--THE DATE HAS BEEN CHANGED TO SEPT 21---you will all be receiving an invitation via the ODA.

We are approaching the end of our current Officers term in service and are seeking to fill two positions this year: President and Vice President.

Current CE coordinator, Jessica Henderson and Bill Guy (Treasurer) would like to remain in their positions, but in fairness, if anyone would like to challenge for those positions they may do so.

So, if you have considered serving in this capacity, I personally recommend the opportunity. It has been an eye opening experience and one that has allowed me the opportunity to get to know our members much better. For that alone I am grateful.

New officials are **not** left to figure it out on their own either. I will be available to help transition, Bill Guy will stay on and be available via email or phone call, as well as Jessica Henderson, if not unseated.

So please consider this an INVITATION, **not** a WARNING about upcoming elections.

So in an "ICE BUCKET CHALLENGE" spirit, I would like to call out a few people to consider running for the open positions:

1. Matthew McCleery
2. Taylor or Kelli Fowells
3. Jared Adams
4. Sarah Post
5. Mike Longlet
6. Jeff Johnson
7. Katherine Stahrr

Those are simply suggestions to stir the pot. These positions are open to all who are interested. We look forward to seeing you at the next meeting, on Sept 21st.

Best regards,
Gary Dehm

Kemple Memorial Children's Dental Clinic News for August 2017 [Suzanne Browning](#)

Kemple Memorial Children's Dental Clinic News for CO Dental Society Newsletter – August 2017

Special thanks to all volunteer dentists that donated services to Kemple Clinic. We could not carry out our efforts without the donation of time, consultation, uncompensated treatments and support from these generous dental professionals. *The following is the THANK YOU that appeared in the Bend Bulletin last month (for July In-Kind services):*



In our effort to provide dental care to children in Central Oregon who can't afford it, the Kemple Memorial Children's Dental Clinic wishes to thank the following dentists for their volunteered services in July 2017.

VOLUNTEER DENTIST LIST IN THEIR OWN OFFICES IN JULY 2017

| | |
|------------------------|--|
| Dr. Jared Anderson | Dr. Maureen Porter |
| Dr. Daniel Bitner | Dr. Zack Porter |
| Dr. Ben Bryan | Dr. Sarah Post |
| Dr. David Burrus | Dr. Robert Pressprich |
| Dr. Elise Burrus | Dr. Daniel Radatti |
| Dr. Karen Coe | Dr. Tom Rheuben |
| Dr. Yoli Di Giulio | Dr. Mehdi Salari |
| Dr. Matt Engel | Dr. Wayne Schultz |
| Dr. Kelli Fowles | |
| Dr. Taylor Fowles | <u>VOLUNTEER DENTAL PROFESSIONALS</u> |
| Dr. Benjamin Grieb | Dr. Mike Olin |
| Dr. Denise Hicks | Cindy Baumgardner, RDH |
| Dr. Mark Jensen | Darla Thompson, RDH |
| Dr. Keith Krueger | Karen Hall, EPDH |
| Dr. Nathan Lenox | Karen Siewert, RDH |
| Dr. Jean Martin | Milagros Aparicio |
| Dr. Patricia Paparcuri | |

At the Kemple Memorial Children's Dental Clinic, our mission is to improve the health and well-being of children in Central Oregon by facilitating critical preventative, educational, and dental treatment services for children whose families cannot access basic dental care. We do this through our dental clinic facility screen and seal program events at local schools and community partner organization venues with subsequent follow-up and referrals to volunteer dental professionals as needed. We provide portable preventative dental services to children and young adults regardless of insurability at various convenient locations. We advocate for all children needing timely, high-quality dental care.

KEMPLE CLINIC PROGRAMS AND SERVICES: During this summer, Kemple Clinic has focused on community-based screen and seal programs and oral health education. 13 events in partnership with various community service partners we held across the region, from La Pine Park & Rec, JBARJ – the loft, Bend Parks and Rec “Days of Play”, Crook County Kids Clubs, Sisters Park and Rec, Kids Club of Jefferson County and various regional fairs. These smaller venues often provide more opportunity to teach kids and inform parents regarding the importance of good oral health habits. While the screening in-kind value for these events is close to \$6,500.00, the opportunity to guide and teach is priceless. Many of the children screened entered Kemple Clinic’s referral process, and we thank those of you who have stepped up to continue to treat at risk children and young adults.

BRIGHTER SMILES CAMPAIGN – (whitening fundraiser): Thanks to all the dentist offices that supported the **May-June Brighter Smiles fundraiser**, with both appointments as well as donating funds. **WATCH THE BEND BULLETIN IN THE NEXT TWO WEEKS AND SEE YOUR NAMES PROMINENTLY DISPLAYED AND THANKED BY ALL OF US, ESPECIALLY THE CHILDREN AND YOUNG ADULTS OF CENTRAL OREGON.**

SCHOOL-BASED SCREEN AND SEAL PROGRAMS: At this time of year, we are actively working to develop the schedule for screening and sealant programs in Redmond, Sisters, Bend La Pine as well as community-based programs. The Redmond district elementary and middle school schedules have been finalized and will be announced in the next CODS newsletter along with other schools. Our goal is to continuously improve parent consent for sealant applications – you can help us by encouraging parents to have sealants placed on their

children's molars as soon as possible and, if more convenient, advise parents to take advantage of the convenient opportunity at the BLP, Redmond and Sisters schools to get sealants placed at no cost.



Clinic provides tooth checkups for free

Madras Elementary summer school kindergarteners Mariella Bonilla, in front, Eduardo Estrada and Silas Nelson get their teeth checked for any signs of decay by helpers from the Kemple Memorial Children's Dental Clinic, a nonprofit group from Bend. All students at Madras and Buff elementaries received a free checkup last Thursday, and got a free toothbrush and chart explaining proper tooth brushing. Kids with signs of cavities were referred to the Oregon Health Plan or their family dentist. For those without insurance, the Kemple clinic provides funds for them to be seen by a local dentist.

SUSAN MATHENY/MADRAS PIONEER

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Link to Jones & Roth Website: <https://www.jrcpa.com>

Volunteer Dental Opportunities in Central Oregon

- **Kemple Memorial Children's Dental Clinic** – Contact Debbi Smith (debbi@kempleclinic.com), Maria Gonzalez (referrals@kempleclinic.com) or Cathy Taylor (cathy@kempleclinic.com) at 541-617-1653. General inquiries are directed to info@kempleclinic.com or by phone at 541-617-1653. Kemple Clinic provides preventative dental treatments at their Clinic (Hygienists & Dental Assistants) and referrals to your dental office for acute treatments for at risk children ages 3-18 and young adults ages 19-25 (at-risk: uninsured, underinsured, underserved children and young adults). Kemple Clinic also provides portable Screen and Seal Programs to Central Oregon at various schools and community venues- *these programs are certified by OHA – Oral Health Unit*. Website: www.kempleclinic.org
- **Donated Dental Service (DDS)**. Provide comprehensive treatment to the underserved. Work from your office, no lab fees and great patients. Contact Jessica Forsythe at 503-594-0837 or jforsythe@dentalLifeline.org or Mark Keener DMD at 541-548-4064.
- **Healthy Beginnings** – Contact Shelley Irwin @ (541) 383-6357 or shelley.irwin@hdesd.org. Provide dental screenings for children and families in need.
- **Volunteers in Medicine Clinic** – Volunteer Dental Hygienists offer cleanings. Those interested can contact Kristi Jacobs 541-585-9008 or Kristi.jacobs@vim-cascades.org.
- **Smile Central Oregon** – Patients perform community service, in exchange for discounted dental treatment. Contact Dr. Julie Panchura @ (541) 771-1765 or www.smilecentraloregon.com or www.kahoot.org.
- **Central Oregon Community College Friday Clinic** -- Perform dentistry at COCC Dental Assisting Clinic with Dental Assisting students who are gaining clinical & chairside experience assisting you and the patient. Contact Lynn Murray for information about Friday Clinics at (541) 383-7574 or lmurray@cocc.edu for more information on dates of clinics and to volunteer.
- **Central Oregon Community College** Dental Assisting Program – Contact Deb Davies @ (541) 330-4368 or ddavies@cocc.edu for information on current Dental Assisting Students at COCC to observe and assist in your office, in order to earn their clinical hours and requirements for graduation.

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Link to Advantage Dental Website: www.AdvantageDental.com

(**WARNING:** *The chauvinistic, bipolar, arrogant, and politically incorrect opinions of Dr. Rupert do not reflect any organization or individuals' views or opinions ... except for Dr. Rupert; and are printed for light reading/entertainment purposes only.*)

September 2017

***Common Sense, Practical, Practice Management
Advice for Dental Professionals
The All-Knowing, All-Seeing, GURU of Everything Dental & Mental***

Dear Dr. Rupert

(Please submit your questions, comments or disgruntled remarks to DearDrRupert@yahoo.com)

Dear Dr. Rupert,

I try and follow-up with a lot of my patients in the evening time to make sure they are comfortable and tolerating their treatment well. However, it has resulted in a lot of our patients having my cell phone number and calling me at ridiculous hours of the night or early morning to ask me dental related questions. I don't mind 'being there' for my patients, but I don't like getting woken up at 11:30 at night or 6 o'clock on a Saturday to have a conversation about a patient who felt a zing when they drank something cold!

How do I keep the patients from calling me on my cell phone at ridiculous hours of the day or the weekend?

Signed, Don't Want to be Bothered with Pointless Stuff

Dear Don't Want to be Bothered with Pointless Stuff,

We all have a ton of wonderful and priceless patients in our practice, and then there are the few high-maintenance patients which just ruin it for everybody! I know your wonderful patients never bother you at odd times of the day and on the rare occasion that they do call you on a weekend, they are so apologetic and sorry to be inconveniencing you.

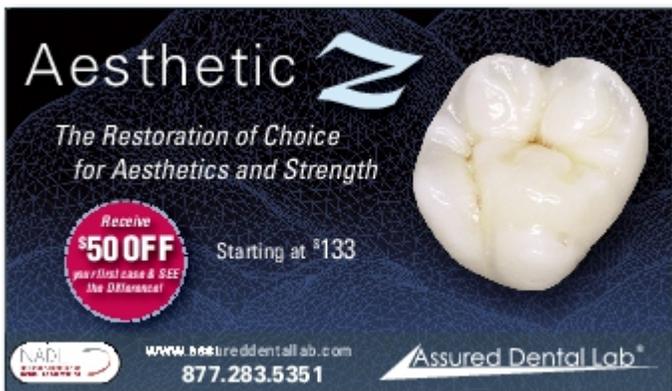
However, as you have pointed out ... there are a few patients who think that you are waiting hand and foot on their every whim and that you are supposed to drop everything you are doing to accommodate their needs and schedule.

What I have done in my office with those difficult to manage patients is to fight their fire with fire! If a patient calls or bothers me with something other than a true emergency after hours or on a weekend, I save their phone number on my phone and put their number in a special category or group on my phone. Then anytime that I happen to be awake really late, or up really early ... I call the patients in this special contact group in my phone and wake them up. I always let them know that I am just following up on that 'zing' that they had a few months ago and wanted to make sure the problem is gone.

Most of these patients are extremely irate and mad that I have woken them up to ask them how things were going, but I quickly point out they had called me at a similar time to tell me about their problem, so I just figured that they would be up at this time. It's a wonderful patient management tool which actually brings tears of joy to my eyes when it's executed properly! Not one patient who I have called late at night or super early in the morning has ever called me on a weekend again ... so I would say that they got the message loud and clear!

Glad I could help,

Dr. Rupert



Link to Assured Dental Lab Website: www.AssuredDentalLab.com

Dental Society Classified Ads

You are welcome to email me anything dental that you might want to sell/trade or buy.

No charge to Dental Society members for listings. [Limited to 2-4 lines.]

\$15/issue charge to non-Dental Society Dentists wishing to post items. [Limited to 2-4 lines.]

\$60/issue charge to Labs/Suppliers/Businesses wishing to post services or listings. [Bigger sized ads are priced differently/higher.]

General Practice for sale in Sisters. Collecting \$500,000 with good net. Excellent visibility of beautiful office on high traffic highway. Hygiene & Diagnostic 41% of production. No OHP. Endo referred out. Please contact Gary Schaub: 503-223-4357 or GarySchaub@comcast.net

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LOCUM TENUM FOR YOUR PRACTICE: Temporary coverage in your office with your staff at any level you desire. Dr. Bill Guy 541-788-4844.

Becoming a Member of the Central Oregon Dental Society

If you are not currently a member of the Central Oregon Dental Society ... or if your membership has expired and you wish to join organized dentistry once again ... you may:

- 1) Download the application paperwork at <http://www.oregondental.org/member-center/join-renew>
- 2) Contact Alexa Hujik, Coordinator for Membership & Administrative Services
 - Phone: (800) 452-5628
 - Email: ahujik@oregondental.org ,

Deadline for Articles for the Newsletter

The deadline to contribute articles or request the posting of information in the Newsletter is the last day of each month. The Newsletter is typically sent out in the first few days of each month. Article submissions relevant to the Dental Community are welcomed. We also welcome any personal & fun information about local dentists such as births, marriages, special events and such.

Your Contact Information

Please 'reply' to this email and let me know if you have a new email address or want the Central Oregon Dental Newsletters going to a different email address than the one it is being sent to. All Dental Newsletters are sent via email ... so if you want to be in the loop, please make sure your email address is current.

Please contact Dr. Mehdi Salari (bendsalari@gmail.com) if you would like to post an announcement, classified or advertisement in future issues of the Central Oregon Dental Newsletter. The Central Oregon Dental Newsletter is sent to all practicing and

***retired Dentists & Specialists in Bend, Redmond, Prineville, Madras, Sisters, La Pine,
Sunriver, Warm Springs & Mitchell.***

*If you no longer wish to receive correspondence from the Central Oregon Dental Newsletter,
please 'reply' to this email and ask to be removed from the email list.*