

The Newsletter is also being sent as an attachment along with this email, for those whose mobile devices or computers converts the content into Plain Text and wish to have it as a Word Document.

CENTRAL OREGON DENTAL NEWSLETTER

May 2, 2016

c/o Mehdi Salari, DMD
bendsalari@gmail.com

Please reply to this email if wishing to post Announcements, Classified or General Monthly Advertisements in the CENTRAL OREGON DENTAL NEWSLETTER.

Highlights or Contents of this Newsletter:

- Upcoming Meetings, Continuing Education & Events
- Central Oregon Dental Community News
- Dear Dr. Rupert Advice Column (Dental Practice Management GURU & Know-it-all)
- Local Classifieds

Please thank the following businesses for their continued support of the Central Oregon Dental Newsletter & Community:

- Advantage Dental
- Assured Dental Lab
- Jones & Roth Financial & CPA Services
- O'Brien Dental Lab

UPCOMING CENTRAL OREGON MEETINGS & EVENTS

(Please feel free to let me know of any dental related events or courses that you would like posted on this calendar.)

Mark your calendars and plan to attend ...

May 5, 2016 (Thursday)

Restorative Material Choices & Indications for Best Use

Instructor: Jamie Stover, CDT

Registration: 5:30 p.m.

Course: 6:00 p.m. – 8:00 (Dinner & Drinks Included)

Location: Deschutes Brewery Tap Room (1044 NW Bond St. in Bend)

CE: 2 Credit Hours

Tuition: \$49 (Dinner & Drinks Included)

To Register: Call Ziemek Laboratory at 866-943-6357 Ext. 301 to register

Sponsor: Ziemek Laboratories

May 12, 2016 (Thursday)

Marijuana & Oral Health

Instructor: Dr. Don DeLisi

Registration: 6:00 p.m.
Course: 6:30 p.m. – 8:30 (Dinner & Drinks Included)
Location: St. Charles Medical Center (2500 NE Neff Road in Bend)
CE: 2 Credit Hours
Tuition: \$20 for ADHA/CODHA Members, \$40 for Non-Member or Aux. Staff, \$60 for Dentists
To Register: See Attached Registration Form
Sponsor: Central Oregon Dental Hygienists' Association

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May 19, 2016 (Thursday)

Dental Society Dinner/Business Meeting

Speaker: Dr. Said-Al-Naif (Chair of OHSU School of Dentistry Oral Pathology Dept.) who will speak on Oral Pathology topics including biopsy submissions, sending inquiries/questions to the Pathologists and other practical Oral Pathology subjects.

6:00 p.m. – Social ½ Hour

6:30 p.m. – Dinner & Meeting to Follow

Location: Riverhouse Convention Center in Bend

Evite email from Dr. Dehm went out last week. Contact Dr. Dehm (gary.dehm.dmd@hotmail.com) if you didn't receive an RSVP already.

July 29-31, 2016 (Friday - Sunday)

2016 Advantage Dental Summer Meeting

More Information coming soon to: www.advantagedental.com

September 22, 2016 (Thursday)

Dental Society Dinner/Business Meeting

6:00 p.m. – Social ½ Hour

6:30 p.m. – Dinner & Meeting to Follow

Location: Riverhouse Convention Center in Bend

RSVP email coming as date approaches

December 9, 2016 (Friday)

DBIC Risk Management Course

8:30 a.m. – 11:30 a.m.

3 Hours of CE

Location: Eagle Crest Resort in Redmond

RSVP coming as date approaches

December 10, 2016 (Saturday)

Dental Society Holiday Party

6:00 p.m. – Social Hour

7:00 p.m. – Dinner

Location: Riverhouse Convention Center in Bend

RSVP email coming as date approaches

Central Oregon Dental Society News

Please Consider Representing CODS in the 2016 House of Delegates Meeting (October 7-8)

The 2016 ODA House of Delegates will be held October 7-8, at the Double Tree by Hilton in Portland, Oregon. Please contact Dr. Gary Dehm if you are interested in becoming a delegate.

The powers of voting members of the Oregon Dental Association under Oregon Nonprofit Corporation Law are exercised by a House of Delegates. Delegates are selected by each of ODA's sixteen component dental societies on the basis of **one delegate for every 25** (or majority fraction thereof) **voting members**. Components with fewer than 37 members are entitled to two delegates. For every delegate, each component is entitled to select one alternate delegate to act in the absence of the delegate at any meeting of the House.

The Speaker of the House of Delegates is also a voting member of the House, by virtue of his or her office. The students of the OHSU School of Dentistry are entitled to appoint one voting delegate.

The House meets in September or October of each year. The date, time, and location are specified by the Board of Trustees.

New Oral Surgeon in Bend

Dr. Nathan Lenox has recently joined Dr. Keith Krueger's Oral Surgery Practice in Bend. Dr. Lenox is a native of Bend. He graduated from Bend Senior High and went on to complete his undergraduate studies in Biology at the University of Portland.

He earned his Doctorate of Dentistry from Oregon Health Sciences University and his Doctorate of Medicine from Louisiana State University Health Sciences Center.

Dr. Lenox also completed an internship year in General Surgery and a six-year residency training in Oral and Maxillofacial Surgery at LSU. Following residency, he completed a two-year fellowship program in Head and Neck Oncology and Microvascular reconstructive surgery.

After practicing in South Carolina for two years, he is excited for the opportunity to return to his hometown with his fiancé Lauren and their two Beagles, Daisy and Walter.

Dr. John Say (Prineville) Passes Away

Past CODS Officer and first Central Oregon

Dentist to serve as President of the Oregon Dental Association in 1971

John Norman Say, 87, of Prineville, Oregon passed away Wednesday April 20, 2016. There was a viewing at Whispering Pines Funeral Home ~3168 N.E. 3rd Street ~ Tuesday April 26, 2016 from 12-5 P.M. There was a graveside service on Saturday April 30, 2016 at Juniper Haven Cemetery at 10 A.M. followed by a memorial service at the Prineville Presbyterian Church at 11:30 A.M. Pastor Mike Wilson will be officiating.

John was born on March 31, 1929 in Portland, Oregon to John MacDonald and Velma Catherine (Nyberg) Say. He attended Jefferson High School and graduated in 1946. He went on to Oregon State University studying Bacteriology and graduated in 1950. He practiced general dentistry in Prineville from 1957-1992.

John enjoyed skiing, golfing, gardening, hunting, fishing, teaching first aid classes and was an OSU sports enthusiast. He was active in state and national dental associations, was a member of the Mt. Bachelor Ski Patrol from 1958-1990, had 4500 volunteer hours with OSU Central Oregon Master Gardening, and was a member of the Prineville Golf Club. He was a member of the Prineville Band of Brothers and while in the US Army served as a Chemical Intelligence Officer in the Korean War.

He was preceded in death by his beloved wife Naomi, eldest son Eric and sister; Margaret Kelly.

He is survived by his son Brian (Dottie) Say, daughter Norma (Bill) Pledger, daughter-in-law Amor Say in Guam, 9 grandchildren and 10 great-grandchildren.

Contributions may be made to the Boys and Girls Club of Prineville or the Prineville Presbyterian Church through Whispering Pines Funeral Home ~ 3168 N.E. 3rd Street ~ Prineville, Oregon 97754. 541-416-9733.

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Moda to Sell DBIC

Letter from Robert Gootee & Chris Verbiest that went out 4/28/16

Dear Insured,

I am pleased today to be able to share with you the exciting news that Moda has entered into a formal agreement to sell Dentists Benefits Insurance Company to our long-term colleagues at The Dentists Insurance Company, a Sacramento-based subsidiary of the California Dental Association.

I know you will enjoy this opportunity to partner with a company boasting such a rich heritage.

Currently more than 18,000 dentists in 10 states receive coverage through TDIC and the robust tradition and values of the almost 40-year-old company perfectly mirror our own.

I have the utmost confidence going forward that TDIC will provide you with the levels of service you long have enjoyed.

The required regulatory process will begin shortly and is anticipated to take 4-6 months to complete. More information will be forthcoming soon.

Rest assured, for the foreseeable future, there will be no disruptions or changes whatsoever to your policies or contacts at DBIC. The transition will be seamless to you.

Sincerely,



Robert G. Gootee
President and CEO, Moda Inc.



Chris Verbiest
Vice President, DBIC

COCC Thanks You! Lynn L. Murray, M.Ed., RDA, CDA, EFDA, CPFDA, FADAA Associate Professor of Dental Assisting
Central Oregon Community College Dental Assisting Program Director Dental Clinic Manager

A special "Thank You!" to all our benevolent dentists who volunteered (or soon will be) their time and expertise to provide dental services to low income individuals in the COCC Dental Clinic, and for providing essential experience to student dental assistants in Central Oregon. Our deepest appreciation to each of you! We have a good group of motivated and well-educated students graduating in June. Thank you again!

- * Dr. Jade Cherrington
- * Dr. John Ritacca
- * Dr. Richard Fixott
- * Dr. Greg Ginsburg
- * Dr. Janelle Ginsburg
- * Dr. Michael Olin
- * Dr. Jeff Timm
- * Dr. Mehdi Salari
- * Dr. Joe Temple
- * Dr. Brandon Turley
- * Dr. Brad Johnson
- * Dr. Bill Guy
- * Dr. Evan Olson
- * Dr. Spencer Krueger



Central Oregon who can't afford it, the Kemple Memorial Children's Dental Clinic wishes to thank the following dentists for their volunteered services in March 2016.

Dr. Scot Burgess
 Dr. Elise Burrus
 Dr. David Cauble
 Dr. Steve Christensen
 Dr. Karen Coe
 Dr. Blake Drew
 Dr. Ryan Duval
 Dr. Andy Engel
 Dr. Matt Falkenstein
 Dr. Kelli Fowles
 Dr. Taylor Fowles
 Dr. Benjamin Grieb
 Dr. Jay Gronemyer
 Dr. Jessica Henderson
 Dr. Brad Hester
 Dr. Mark Jensen
 Dr. Jeff Johnson
 Dr. Mark Keener
 Dr. Jean Martin
 Dr. Maureen Porter
 Dr. Zack Porter

Dr. Catherine Quas
 Dr. Daniel Radatti
 Dr. Tom Rheuben
 Dr. Brien Rosenzweig
 Dr. Mehdi Salari
 Dr. Marika Stone
 Dr. Andrew Timm
 Dr. Jeff Timm
 Dr. Ryan Timm
 Dr. Peter Yonan

**VOLUNTEER DENTAL PROFESSIONALS -
 some in DA Training**

Brittany Arreola
 Lana Austin, EPDH
 Chrissie Fabbrini
 Katie Knight
 Sue Lilly, RDH
 Karen Siewert, RDH
 Desiree Strawn, EPDH
 Darla Thompson, RDH

At the Kemple Memorial Children's Dental Clinic, our mission is to improve the health and well-being of children & young adults in Central Oregon by facilitating critical preventative, educational, and dental treatment services for families who cannot access basic dental care. We do this through our dental clinic facility, screen and seal program events at local schools and community partner organization venues with subsequent follow-up and referrals to volunteer dental professionals as needed. We provide portable preventative dental services to children and young adults regardless of insurability at various convenient locations. We advocate for all children needing timely, high-quality dental care.

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Kemple Memorial Children's Dental Clinic News for April 30, 2016 Suzanne Browning
 Special thanks to all volunteer dentists that donated services to Kemple Clinic. *The following is the THANK YOU ADVERTISEMENT that appeared in the Bend Bulletin in April (for March In-Kind services)*

BRIGHTER SMILES CAMPAIGN: Thanks to all the dentist offices that are busily scheduling appointments for the May-June Brighter Smiles fundraiser (Whitening at the reduced price of \$200). IT IS NOT TOO LATE TO PARTICIPATE - Those of you who want more information and whitening product/posters delivered to your office - please contact the Kemple Clinic at (541) 617-1653 as soon as possible. We will come to your office and brief your staff and get you started with the event. If you do not provide whitening services but would like to support Kemple Clinic, *we would appreciate your monetary donation to cover advertising and product costs - any donation will be helpful.*

You are able to download and print publicity posters from our website. You can easily upload this data to your own website, facebook and/or patient emails. Here is the link to our site page for Brighter Smiles: <http://kempleclinic.com/events/brighter-smiles-campaign/> .

We are continually updating this website page and will add the names of 2016 participating dentists here as well as in The Bend Bulletin advertisement and other places. Hopefully you have heard or seen the great advertising on the various local radio stations, Bend Nest and Bend Bulletin. The next ads will have the names of all participating and supporting dental offices. Thanks in advance for your continued support.

CENTRAL OREGON REGIONAL HEALTH IMPROVEMENT PLANNING PROCESS: The Central Oregon Regional Health Improvement Plan (RHIP) 2016-19 has just been released. **Oral Health improvement has been identified as a major health priority in our region.** Here is a link to the PLAN: http://cohealthcouncil.org/apps/uploads/2016/02/2016-2019-Central-Oregon-RHIP_compressed.pdf See pages 24-28 for the oral health priority section. The Regional Health Improvement Plan (RHIP), including goals, strategies and measurements for Oral Health initiatives, will be assigned to various work groups for each priority. As strategies and metrics are deployed throughout the next 4 years, all of us can be part of the solutions to ensure timely, high-quality dental care for our community. If you have questions or are interested in getting involved in the RHIP Oral Health Workgroup, please contact Suzanne Browning to get connected to this significant regional effort. Status and updates from the Central Oregon Health Council and/or the RHIP ORAL HEALTH Work group efforts will be provided regularly in this newsletter. Several efforts are underway to support the goals of the RHIP, for example:

Clinical goal: IMPROVE ORAL HEALTH OF PRE-AND POST-NATAL WOMEN

A key clinical goal in the Oral Health section of the RHIP is “improve oral health of pre- and post- natal women. Last week, the Oregon Oral Health Coalition provided a free webinar on this subject. It was very informative and comprehensive. A recording of the webinar and copies of the presentation will be provided soon on their website www.orohc.org. Here is a link to a very informative resource for both physicians and dental professionals <http://static1.squarespace.com/static/554bd5a0e4b06ed592559a39/t/564a5484e4b0696984192c99/1447711876302/National+Consensus+Statement+-+Pregnancy.pdf> This resource guide has information for both Pre/Post-natal Care Health Professionals (page 2) and guidance for Oral Health Professionals (page 4). Both sections of this resource provide suggested questions when physicians and/or dentists are taking a history. For those of you who partner with physicians, particularly if treating pre/post- natal women, you may want to share these suggested medical history questions with them. In the coming months, you should expect to see much more emphasis on this group of women who have such a significant influence on their own oral health as well as their new babies. The RHIP Oral Health Work Group and other organizations are addressing strategies and actions that will positively effect this clinical goal.

Dental Pilot Project Evaluation Committee Sarah Kowalski, RDH, Dental Pilot Project Coordinator/Oral Health Program, Public Health Division

The Oral Health Program of the Public Health Division, is now accepting applications for the Dental Pilot Project Evaluation Committee.

The **Evaluation Committee** is an interdisciplinary team composed of representatives of the dental boards, professional organizations, other state regulatory bodies and interested parties that have applied to participate in evaluating a Dental Pilot Project.

Approved pilot projects:

- Dental Pilot Project #200, "Training Dental Hygienists to Place Interim Therapeutic Restorations" has been approved.

- Dental Pilot Project #100, "Oregon Tribes Dental Health Aide Therapist Pilot Project" has been approved.

The goal of the Dental Pilot Project Program is to encourage the development of innovative practices in oral health care delivery systems with a focus on providing care to populations that evidence-based studies have shown have the highest disease rates and the least access to dental care.

More Details and an Application can be found online: healthoregon.org/dpp

Sarah Kowalski, RDH

Dental Pilot Project Coordinator/Oral Health Program
Public Health Division
(office) 971-673-1563
(work cell) 509-413-9318
Website: healthoregon.org/dpp

Volunteer Dental Opportunities in Central Oregon

- **Kemple Memorial Children's Dental Clinic** – Contact Debbi Smith (debbi@kempleclinic.com) or Vickie Matthews (Vickie@kempleclinic.com) or both by phone at 541-617-1653. General inquiries are directed to info@kempleclinic.com or by phone at 541 617-1653. Provides preventative dental treatments at the Kemple Clinic (Hygienists & Dental Assistants) and referrals to your dental office for acute treatments for at risk children ages 3-18 and young adults ages 19-25 (at-risk: uninsured, underinsured, underserved children and young adults). Website: www.kempleclinic.com
- **Donated Dental Service (DDS)**. Provide comprehensive treatment to the underserved. Work from your office, no lab fees and great patients. Contact Jessica Forsythe at 503-594-0837 or jforsythe@dentalLifeline.org or Mark Keener DMD at 541-548-4064.
- **Medical Teams International Mobile Dental Van** – Contact Debbie Stumbaugh @ (541) 977-4367 or dstumbaugh@medicalteams.org. Provide dental treatment for low-income adults and children in the Dental Van.
- **Healthy Beginnings** – Contact Shelley Irwin @ (541) 383-6357 or shelley.irwin@hdesd.org. Provide dental screenings for children and families in need.
- **Volunteers in Medicine Clinic** – Volunteer Dental Hygienists offer cleanings. Those interested can contact Kristi Jacobs 541-585-9008 or Kristi.jacobs@vim-cascades.org.
- **Smile Central Oregon** – Patients perform community service, in exchange for discounted dental treatment. Contact Dr. Julie Panchura @ (541) 771-1765 or www.smilecentraloregon.com or www.kahoot.org.
- **Central Oregon Community College Friday Clinic** -- Perform dentistry at COCC Dental Assisting Clinic with Dental Assisting students who are gaining clinical & chairside experience assisting you and the patient. Contact Kristi Hammerquist khammerquist@cocc.edu for more information on dates of clinics and to volunteer.
- **Central Oregon Community College** Dental Assisting Program – Contact Deb Davies @ (541) 330-4368 or ddavies@cocc.edu. Allow current Dental Assisting Students at COCC to observe and assist in your office, in order to earn their clinical hours and requirements for graduation.

Becoming a Member of the Central Oregon Dental Society

If you are not currently a member of the Central Oregon Dental Society ... or if your membership has expired and you wish to join organized dentistry once again ... please:

- 1) Go to the following website <http://www.oregondental.org/member-center/join-renew> and download/print the Application Form.
- 2) After filling out the Application Form, please mail your completed application form to:
Dr. Bill Guy
65174 High Ridge Drive
Bend, OR. 97701

Deadline for Articles for the Newsletter

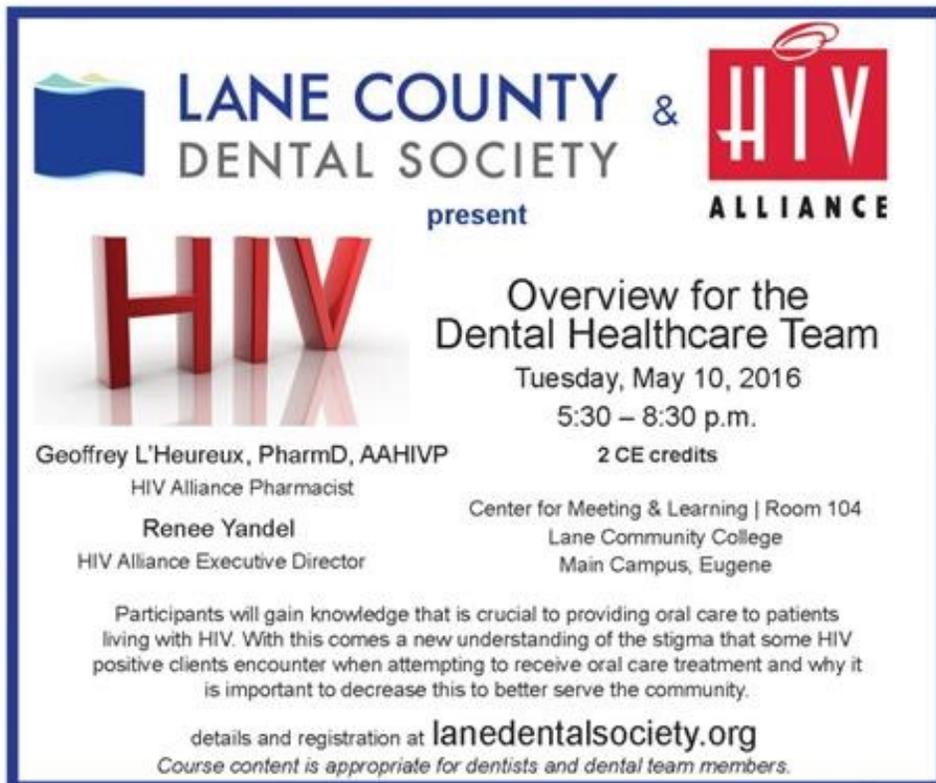
The deadline to contribute articles or request the posting of information in the Newsletter is the last day of each month. The Newsletter is typically sent out in the first few days of each month. Article submissions

relevant to the Dental Community are welcomed. We also welcome any personal & fun information about local dentists such as births, marriages, special events and such.

Your Contact Information

Please 'reply' to this email and let me know if you have a new email address or want the Central Oregon Dental Newsletters going to a different email address than the one it is being sent to. All Dental Newsletters are sent via email ... so if you want to be in the loop, please make sure your email address is current.

UPCOMING NEIGHBORING DENTAL SOCIETIES EVENTS



 **LANE COUNTY & DENTAL SOCIETY**

 **HIV ALLIANCE**

present



**Overview for the
Dental Healthcare Team**

Tuesday, May 10, 2016
5:30 – 8:30 p.m.
2 CE credits

Geoffrey L'Heureux, PharmD, AAHIVP
HIV Alliance Pharmacist

Renee Yandel
HIV Alliance Executive Director

Center for Meeting & Learning | Room 104
Lane Community College
Main Campus, Eugene

Participants will gain knowledge that is crucial to providing oral care to patients living with HIV. With this comes a new understanding of the stigma that some HIV positive clients encounter when attempting to receive oral care treatment and why it is important to decrease this to better serve the community.

details and registration at lanedentalsociety.org
Course content is appropriate for dentists and dental team members.



**LANE COUNTY
DENTAL SOCIETY**

presents



**Board of Dentistry
Update**

Stephen J. Prisby, Executive Director

Thursday, June 2, 2016

5:30 – 7:30 p.m.

1 CE credits

Center for Meeting & Learning | Room 104

Lane Community College

Main Campus, Eugene

Topics will include - Board Staffing, Rule Changes,
Important Meetings, Enforcement overview,
Preventive rule compliance, and contacting the Board

Course content is appropriate for dentists and dental team members.

details and registration at

lanedentalsociety.org

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May 2016

***Common Sense, Practical, Practice Management
Advice for Dental Professionals
The All-Knowing, All-Seeing, GURU of Everything Dental & Mental***

Dear Dr. Rupert

(Please submit your questions, comments or disgruntled remarks to DearDrRupert@yahoo.com)

Dear Dr. Rupert,

My Staff is driving me crazy! They don't like our city tap water and want bottled water for our Staff Lounge! I refuse to pay for water, when it's perfectly fine coming right out of the tap! What would you do?

Signed, Tap or Bottled Water?

- - - - -

Dear Tap or Bottled Water,

You're not going to get anywhere if you're always confrontational with your Staff. You're going to have to find a more conciliatory way to deal with your Staff. What I did in my practice was to go out and make a one-time purchase of three different gallon containers of Mountain Spring Bottled Water.

I put all three gallon containers in our Staff Lounge Fridge for the Staff to drink and enjoy. Once a week, I stay late after the Staff has gone home to do some lab work, and I fill the gallon containers back up with water straight from the tap and stick them back in the fridge. The Staff is happy that they're drinking nice, cold water that is in a Mountain Spring Bottled Water container. I'm happy that I'm not wasting money on bottled water. It takes me two minutes to refill each container with water straight from the tap!

I justify things in my head by saying that the water from the tap (a.k.a. Rupert Springs) originally started off in the Mountains and worked its way down and into our tap ... so it really is Mountain Spring Bottled Water. I'm just glad I don't practice in Flint, Michigan!

Glad I could help,

Dr. Rupert

Dear Dr. Rupert,

They always offer free 10-minute massages at the Dental Convention Exhibit Hall. Have you ever gotten one of those free Exhibit Hall massages?

Signed, Curious

- - - - -

Dear Curious,

I always go 'All-In' with whatever has a free sign next to it. I have picked up some great old couches and tires on the side of the road that had 'Free' signs next to them! At Conventions, there's nothing better than a free pen, piece of chocolate, tote bag, or massage!

The truth of the matter is that I don't get a free massage at home! Every time I have gotten what was originally offered up as a free massage from my spouse ... I have somehow found myself going out the very next day and purchasing something I really didn't think we needed for my wife or home! I have learned that there is no such thing as a 'free' massage at home!

Sorry to get side-tracked! Back to your question about the free massages at conventions ... yes, definitely ... you should get the free massages! Take them up on that. After sitting in a classroom for six hours, on a chair with a quarter inch of padding ... my back end always gets super sore! I walk into the Exhibit Hall and wait my turn and then I stand next to their chair and ask for a Gluteus Maximus Massage for my back end ... because for me ... that's what gets sore and tight during a convention. You do not have to take a neck or shoulder massage ... have them get the kinks out of your rear end. It's wonderful!

Don't Pass Up on Free Stuff,

Dr. Rupert

Dental Society Classified Ads

You are welcome to email me anything dental that you might want to sell/trade or buy.

No charge to Dental Society members for listings. [Limited to 2-4 lines.]

\$15/issue charge to non-Dental Society Dentists wishing to post items. [Limited to 2-4 lines.]

*\$60/issue charge to Labs/Suppliers/Businesses wishing to post services or listings. [Bigger sized ads are priced differently/
higher.]*

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Please contact Dr. Mehdi Salari (bendsalari@gmail.com) if you would like to post an announcement, classified or advertisement in future issues of the Central Oregon Dental Newsletter. The Central Oregon Dental Newsletter is sent to all practicing and retired Dentists & Specialists in Bend, Redmond, Prineville, Madras, Sisters, La Pine, Sunriver, Warm Springs & Mitchell.

If you no longer wish to receive correspondence from the Central Oregon Dental Newsletter, please 'reply' to this email and ask to be removed from the email list.