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# CENTRAL OREGON DENTAL NEWSLETTER

March 1, 2018

c/o Mehdi Salari, DMD  
[bendsalari@gmail.com](mailto:bendsalari@gmail.com)

Please reply to this email if wishing to post Announcements, Classifieds or General Monthly Advertisements in the CENTRAL OREGON DENTAL NEWSLETTER.

## Highlights or Contents of this Newsletter:

- Upcoming Meetings, Continuing Education & Events
- Central Oregon Dental Community News
- Dear Dr. Rupert Advice Column (Dental Practice Management GURU & Know-it-all)
- Local Classifieds

## Please thank the following businesses for their continued support of the Central Oregon Dental Newsletter & Community:

- Advantage Dental
- Assured Dental Lab
- Jones & Roth Dental CPAs & Advisors
- O'Brien Dental Lab
- Zak Sundsten & Matt Dynice, Commercial Banking Managers / Umpqua Bank

## UPCOMING CENTRAL OREGON MEETINGS & EVENTS

(Please email or send any dental related events or courses that you would like posted on this calendar.)

***Mark your calendars and plan to attend ...***

**April 5 - 7, 2018**

### **Oregon Dental Conference**

Continuing Education, Vendor Displays and Class and Organizations Meetings

Location: Portland, Oregon

Registration through the Oregon Dental Association

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**May 17, 2018 (Thursday)**

**Dental Society Dinner/Business Meeting**

6:00 p.m. – Social ½ Hour

6:30 p.m. – Dinner & Meeting to Follow

Speaker: Karen Wilson

Topic: **Human Resources 101: Best Practices**

Location: Riverhouse Convention Center in Bend

RSVP email likely to come 4 – 6 weeks before the meeting

Description: Human Resources is a necessary part of most organizations. In this course, you will learn the responsibility of the dental office, the application of best practices and managing HR functions related to: recruiting, hiring, termination, discrimination, payroll, job descriptions, professional development, performance evaluations, contractual agreements, the importance of record keeping, employee retention, disciplinary actions, paid time off, sick leave, risk management, FMLA, employee handbooks, OSHA Safety Regulations, employment posters, general work ethics and online resources.

Educational Objectives: Attendees will gain an understanding of the Human Resources policies, procedures and regulations within the dental practice. These best practices can be applied to federal and state work place actions that will help to protect the company. At the conclusion of this course, attendees will know their responsibility as an owner, managing dentist or office manager and be able to apply standard HR concepts, laws and strategies within the dental clinic. Attendees will also learn their active role in managing people and applying best practices that enable employees to contribute to their highest level and achieve the business goals.

**September 8, 2018 (Saturday)**

**2018 House of Delegates Meeting**

Location: Sunriver Resort

Please consider serving as a Delegate or Representative for the Dental Society

**September 20, 2018 (Thursday)**

**Dental Society Dinner/Business Meeting**

6:00 p.m. – Social ½ Hour

6:30 p.m. – Dinner & Meeting to Follow

Speaker: TBD

Topic: **TBD**

Location: Riverhouse Convention Center in Bend

RSVP email likely to come 4 – 6 weeks before the meeting

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## **December 8, 2018 (Saturday) Dental Society Holiday Party**

6:00 p.m. – Social Hour

7:00 p.m. – Dinner

Location: Riverhouse Convention Center in Bend

RSVP email likely to come 4 – 6 weeks before the meeting

## Maximize Your Dental Practice Success

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# Central Oregon Dental Society News

## Trustee Report [Dr. Brad Hester](#)

Several items in the works at the state level to report.

- A Component Task Force Charter has been developed with input from several local societies, including CODS, to better serve smaller components that do not have the budget for administrative staff. The goal is to address individual component society capacity, knowledge, leadership development, continuity, funding, and access to quality education programs and speakers.
- **Dr. Jessica Henderson** has graciously accepted an invitation to represent CODS on the Component Task Force Charter.
- The Board is reviewing ODA Charitable Care looking at the various programs we currently have implemented and exploring new opportunities and assessing our current projects. The ideas being explored include;
  - o Re-targeting and possible increasing Mission of Mercy
  - o Increasing Tooth Taxi visits and re-targeting the focus on the last study indication areas in the state with the highest need.
  - o Considering Tooth Taxi for adult care.
  - o Discussions with possible partnerships between DFO, ODA, and OHSU to provide care to underserved communities.
- The Board is exploring the implications for our members around health system coordination and integration. The future of health care is moving toward inclusion of oral health into the overall systemic care of our patients. Several of the FQHC clinics around the nation and in our state have begun integrating the two disciplines to provide a better coordination of care. It appears this will be the model that will be adopted in the future for all practicing dentists. It is still very early in the development and will take some time before private practice will see this change.
- Several Bills in our state legislative session have some implications for dentistry and our Government Relations Council is keeping a close watch on those Bills that effect our profession and need our input. I will keep the membership informed as these begin to play out.

## Donations of Expired Amalgam or an Extra Amalgamator for COCC Dental Assisting Program

Do you have any expired amalgam? Or an extra Amalgamator that might be hanging around the office?

COCC's Dental Assisting Program can use it! The Commission on Dental Accreditation requires the placement of amalgam restorations be taught, so we can use those donations for student practice. Thank you for supporting the Dental Assisting Program!

Please contact Lynn Murray at COCC and we can arrange for pick-up or simply drop off at the COCC Dental Assisting Program building.

Thank you,

Lynn

Lynn L. Murray, M.Ed., RDA, CDA, EFDA, RFC, CPFDA, FADAA

Associate Professor of Dental Assisting Central Oregon Community College  
Dental Assisting Program Director Dental Clinic Manager  
2600 N.W. College Way, Bend, OR 97703  
(541) 383-7574  
[lmurray@cocc.edu](mailto:lmurray@cocc.edu)

**Kemple Memorial Children's Dental Clinic News** for February 2018 *Suzanne Browning*

Special thanks to all volunteer dentists that donated services to Kemple Clinic. We could not carry out our efforts without the donation of time, consultation, uncompensated treatments and support from these generous dental professionals. *Our January and February list of volunteers that appear in The Bulletin will be included in the April Newsletter.*

**SCHOOL-BASED SCREEN AND SEAL PROGRAMS:** Good News - we have completed all school-based dental screenings for the year. During the last 7 months, we have screened over 5800 children resulting in identification of 5% needing urgent care and another 15% with near term dental issues. Parents of children screened have received reports reflecting their child's assessed dental needs. We always emphasize that this basic screening does NOT take the place of a dental exam. Hopefully, parents of your patients with urgent and/or near term needs have scheduled appointments to address screening results with you. As part of our clinic referral process, Kemple Clinic staff actively pursues access to care for children who have urgent dental needs but do not have an assigned/regular dentist or lack insurance/ability to pay.

We have scheduled the Return to Seal days with the Bend La Pine, Redmond, and Sisters districts for the first 4 months of this year, with close to 1000 children *with parent consent* needing sealants in these schools. Below is our current schedule for Returning to Seal children in schools. As we continue this busy schedule, we need several volunteers and/or backups to help us complete the sealant applications at the following schools- this is a massive effort and we welcome the continuous "tried-and-true" dental community support:

Mar. 5-6 Vern Patrick Elem 8:30-3:30	Apr. 3 La Pine Elem. 8:00-3:00
Mar. 8 Brown Community School 8:00-3:30	Apr. 9 Silver Rail Elem. 8:30-3:30
Mar. 12 Three Rivers 9:00 - 3:30	Apr. 10 High Lakes Elem. 8:30-3:30
Mar. 14 Amity Creek Elem. 8:30-12:00	Apr. 17 Wm. E Miller Elem. 8:30-3:30
Mar. 16 Ensworth Elem. 8:30-3:30	Apr. 20 Bear Creek Elem. 8:30-3:30
Mar. 20 Lava Ridge Elem. 8:30-3:30	Apr. 23 Highland Elem. 8:30-3:30
Mar. 22 Juniper Elem. 8:30-3:30	

Please feel free to encourage your dental assistants and/or hygienists to contact us if they are available to volunteer for any of the dates above. Contact Debbi Smith at 541 617-1653 for details.

**FEBRUARY - GIVE KIDS A SMILE (GKAS) MONTH:** We received a special letter this month from one of our local dentists... his note to us was very timely and heartfelt. This note reminds us of several similar conversations we have had over the years with many of you. Those of you who were motivated to join the profession for various yet similar reasons will resonate to his message. We wanted to share it with you, with our thanks for all that each of you do. We are so grateful for our allegiant community of dentists!!

*Hello Debbi, Happy February! Please enroll me (for life!) in the Kemple Clinic program! I've been wanting to join in and serve for quite some time and now that I am on my own in a new practice, this is the time to launch! My associateship with Mill Point Dental (Dr. Marika Stone) ended 12.28.17, two days before her tragic accident, and I acquired the practice of Dr. Steven Timm 01.01.18. I'm mostly settled in after the first month and ready to fly. I'm not sure how assignment or referrals are delegated/appointed but please give me some basic info and get some people in need sent my way this month. A major part of my path to dentistry centered around a dentist (Big Brothers & Sisters) who came alongside me as a 10 yr old, treated my family pro bono until we graduated high school, came to my dental school graduation and is still my friend and mentor. He sparked my interest in dentistry through service. I hope to do the same for others*

and this seems like a wonderful opportunity to do good in our community. Please email me and cc my practice manager, Heather Satran, to help coordinate scheduling.

Sincerely, Dr. Jared R. Adams Cascadia Family Dental . Bend OR




Link to Assured Dental Lab Website: [www.AssuredDentalLab.com](http://www.AssuredDentalLab.com)

### **Volunteer Dental Opportunities in Central Oregon**

- **Kemple Memorial Children's Dental Clinic** – Contact Debbi Smith ([debbi@kempleclinic.org](mailto:debbi@kempleclinic.org)), Maria Gonzalez ([referrals@kempleclinic.org](mailto:referrals@kempleclinic.org)) or Cathy Taylor ([cathy@kempleclinic.org](mailto:cathy@kempleclinic.org)) at 541-617-1653. General inquiries are directed to [info@kempleclinic.org](mailto:info@kempleclinic.org) or by phone at 541-617-1653. Kemple Clinic provides preventative dental treatments at their Clinic (Hygienists & Dental Assistants) and referrals to your dental office for acute treatments for at risk children ages 3-18 and young adults ages 19-25 (at-risk: uninsured, underinsured, underserved children and young adults). Kemple Clinic also provides portable Screen and Seal Programs to Central Oregon at various schools and community venues- *these programs are certified by OHA – Oral Health Unit*. Website: [www.kempleclinic.org](http://www.kempleclinic.org)
- **Donated Dental Service (DDS)**. Provide comprehensive treatment to the underserved. Work from your office, no lab fees and great patients. Contact Jessica Forsythe at 503-594-0837 or [jforsythe@dentalLifeline.org](mailto:jforsythe@dentalLifeline.org) or Mark Keener DMD at 541-548-4064.
- **Healthy Beginnings** – Contact Kelli Neumann @ (541) 383-6357 or [kelli.neumann@hdesd.org](mailto:kelli.neumann@hdesd.org). Provide dental screenings for children and families in need.
- **Volunteers in Medicine Clinic** – Volunteer Dental Hygienists offer cleanings. Those interested can contact Kristi Jacobs 541-585-9008 or [Kristi.jacobs@vim-cascades.org](mailto:Kristi.jacobs@vim-cascades.org).
- **Smile Central Oregon** – Patients perform community service, in exchange for discounted dental treatment. Contact Dr. Julie Panchura @ (541) 771-1765 or [www.smilecentraloregon.com](http://www.smilecentraloregon.com) or [www.kahoot.org](http://www.kahoot.org).
- **Central Oregon Community College Friday Clinic** -- Perform dentistry at COCC Dental Assisting Clinic with Dental Assisting students who are gaining clinical & chairside experience assisting you and the patient. Contact Lynn Murray for information about Friday Clinics at (541) 383-7574 or [lmurray@cocc.edu](mailto:lmurray@cocc.edu) for more information on dates of clinics and to volunteer.
- **Central Oregon Community College** Dental Assisting Program – Contact Deb Davies @ (541) 330-4368 or [ddavies@cocc.edu](mailto:ddavies@cocc.edu) for information on current Dental Assisting Students at COCC to observe and assist in your office, in order to earn their clinical hours and requirements for graduation.

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( **WARNING:** *The chauvinistic, bipolar, arrogant, and politically incorrect opinions of Dr. Rupert do not reflect any organization or individuals' views or opinions ... except for Dr. Rupert; and are printed for light reading/entertainment purposes only.*)

March 2017

***Common Sense, Practical, Practice Management  
Advice for Dental Professionals  
The All-Knowing, All-Seeing, GURU of Everything Dental & Mental***

***Dear Dr. Rupert***

(Please submit your questions, comments or disgruntled remarks to [DearDrRupert@yahoo.com](mailto:DearDrRupert@yahoo.com))

***Dear Dr. Rupert,***

My Dentist keeps me waiting and waiting! I typically spend the first 20 minutes of my appointment time reading a magazine in the Waiting Room! Then I get taken back and sit in the back for another 15 minutes before the Dentist casually walks in and starts asking me about my day! I sort of want to tell the Dentist that my day was going great until I was kept waiting for 40 minutes waiting for him to saunter in to fix my tooth!

Why can't Dentists run on time and be more respectful of other people's time?

Signed, Tired of Waiting

- - - - -

Dear Tired of Waiting,

I don't appreciate the tone of your question! Judging by your choice of words, I am led to believe that you think your time is more important or valuable than your dentist's time (which is an absolutely ridiculous thought)!

I don't know about your dentist's schedule, but dentists have insane and crazy schedules each and every day! You should count your blessing that your dentist even walks into your room, instead of whining about the wait time.

There are a million things that your dentist has to attend to during the course of the day. There are so many things that your dentist takes care of during the course of their day that you are not appreciating!!!

For example, did you know that dentists get a ton of emails and texts? Did you know that your dentist needs to check the snow conditions report on the ski mountain every hour? Did you know that your dentist has a bunch of money in the Stock Market that needs to be monitored and tracked throughout the day? Did you know your dentist's bladder doesn't hold as much stuff as it did when he was younger? Did you know that your dentist likes to have a few snacks throughout the course of the day? Did you know your dentist's spouse likes to text him and tell him about her day ... sort of all day long ... and that a reply is expected? Did you know there are tons of sales people who drop in with treats for your dentist who want just a few minutes of their time? Did you know that your Dentist likes to play a little Candy Crush in between patients to help lower his stress level? Did you know you dentist needs to periodically check the YouTube highlights of last night's professional basketball games? Did you know your dentist is a very good online Poker player? Did you know your dentist is also very good at betting on games and that his Bookie does not like to be kept waiting?

Anyway, I could keep going and going with things that are so important, that they supersede most other things; but the point I'm trying to help you understand ... is that your dentist is a very busy person!

Please stop thinking your time is more valuable and important than your dentist's!

Dr. Rupert

## Dental Society Classified Ads

*You are welcome to email me anything dental that you might want to sell/trade or buy.*

*No charge to Dental Society members for listings.* [Limited to 2-4 lines.]

*\$15/issue charge to non-Dental Society Dentists wishing to post items.* [Limited to 2-4 lines.]

*\$60/issue charge to Labs/Suppliers/Businesses wishing to post services or listings.* [Bigger sized ads are priced differently/higher.]

ASSOCIATE DENTIST—BEND, OR—Be part of a well-established practice in Central Oregon. For over 42 years, Skyline Dental has been providing high quality dental care. Our mission is to provide the best oral health care to every patient through evidence-based dentistry within a group practice setting using the latest technology. No production goals or pressure to sell dentistry. We treat our patients like family. This is a full-time position, 4-5 days per week. Competitive starting compensation package. Potential for ownership in the future is a possibility. Contact Dr. Zack Porter at [info@skylinedentalbend.com](mailto:info@skylinedentalbend.com)

1800 sq./ft. stand-alone office building available for lease/rent located at 551 NE Greenwood Ave. in Bend. Highly usable, versatile space could be used for various business types (previously a dental office). Parking lot included. If interested, please contact 949-228-7299 or 541-480-7048.





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### **Becoming a Member of the Central Oregon Dental Society**

If you are not currently a member of the Central Oregon Dental Society ... or if your membership has expired and you wish to join organized dentistry once again ... you may:

- 1) Download the application paperwork at <http://www.oregondental.org/member-center/join-renew>
- 2) Contact Alexa Hujik, Coordinator for Membership & Administrative Services
  - Phone: (800) 452-5628
  - Email: [ahujik@oregondental.org](mailto:ahujik@oregondental.org) ,

### **Deadline for Articles for the Newsletter**

The deadline to contribute articles or request the posting of information in the Newsletter is the last day of each month. The Newsletter is typically sent out in the first few days of each month. Article submissions relevant to the Dental Community are welcomed. We also welcome any personal & fun information about local dentists such as births, marriages, special events and such.

### **Your Contact Information**

Please 'reply' to this email and let me know if you have a new email address or want the Central Oregon Dental Newsletters going to a different email address than the one it is being sent to. All Dental Newsletters are sent via email ... so if you want to be in the loop, please make sure your email address is current.

***Please contact Dr. Mehdi Salari ([bendsalari@gmail.com](mailto:bendsalari@gmail.com)) if you would like to post an announcement, classified or advertisement in future issues of the Central Oregon Dental Newsletter. The Central Oregon Dental Newsletter is sent to all practicing and retired Dentists & Specialists in Bend, Redmond, Prineville, Madras, Sisters, La Pine, Sunriver, Warm Springs & Mitchell.***

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