

## Pediatric Dentistry

### **INSTRUCTIONS FOLLOWING COMPOSITE FILLINGS**

YOUR CHILD HAS RECEIVED LOCAL ANESTHETIC FOR HIS/HER FILLINGS. THE NUMBNESS WILL BE PRESENT FOR TWO TO THREE HOURS AFTER THE APPOINTMENT. TO PREVENT HIM/HER FROM CAUSING INJURY TO THEIR LIPS WE SUGGEST THESE ITEMS.

**EATING/DRINKING:** WAIT FOR THE NUMBNESS TO WEAR OFF BEFORE EATING. THEY MAY HAVE FOOD THAT DOES NOT HAVE TO BE CHEWED (I.E.SOUP).

**OBSERVE:** WATCH AND REMIND HIM/HER NOT TO SCRATCH OR PLAY WITH THEIR LIP WHILE IT IS STILL NUMB.

**ACTIVITY:** NORMAL ACTIVITY AFTER THE APPOINTMENT IS O.K.

**DISCOMFORT:** SOME CHILDREN DO EXPERIENCE SOME PAIN AS THE LOCAL ANESTHETIC IS WEARING OFF. IT IS ADVISABLE TO GIVE YOUR CHILD A TYLENOL TYPE PRODUCT BEFORE THE ANESTHETIC WEARS OFF.