

# KNOTT STREET

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DERMATOLOGY

## LIQUID NITROGEN CARE INSTRUCTIONS

- ◆ You may experience discomfort with liquid nitrogen treatment. This may persist throughout the day, depending on the location and duration of the treatment. Pain medication, such as acetaminophen (Tylenol) or ibuprofen, should be sufficient if needed. Notify the office if the pain seems severe or persistent.
- ◆ A blister may develop from the treatment, which may become large or dark like a blood blister. This is an expected result of the treatment. If the blister seems especially large or painful, has extreme redness, swelling, or pustular drainage, please call the office.
- ◆ You may puncture the blister yourself with a needle sanitized with alcohol if you wish. If the blister breaks or you break it yourself, make sure to clean the area twice daily with mild soap and water, then apply Polysporin, Aquaphor, or petroleum jelly (Vaseline) ointment and cover with a bandage.

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