



Pre-Operative Instruction for Surgery

Upon discussion of risks and alternatives, you elected to have an endodontic surgical procedure. If you have any questions between now and the treatment date, do not hesitate to call or e-mail us. Please read the following information and instructions before your appointment.

Important: Do not take any **aspirin, Advil, Motrin, or Aleve** products for at least five days prior to surgery. These products may thin your blood and interfere with the surgical treatment. **Tylenol** is an acceptable alternative if pain medication is necessary.

Plan to take the rest of the day of surgery off. You will need to avoid any heavy lifting, exercise, or excessive talking following surgery. Plan on using an ice pack on and off the surgery area for six hours after leaving the office. Thorough post-treatment instructions will be given orally and in writing.

Eat a healthy meal prior to the surgery. You will not feel like eating after the surgery because you will be numb for several hours. Plan on eating soft foods for the rest of the day; however, do not suck through a straw or smoke. The suction created could loosen a suture and stimulate bleeding.

Dr. Van Gordon may want to see you a week after surgery for evaluation of healing. Periodic checkups will follow as directed by the doctor.

When possible, a sample of the irritated tissue surrounding the root is sent for examination. Sometimes there is a separate lab fee associated with this procedure. The laboratory will bill separately for this procedure. The results will be sent to this office and your general dentist. We will inform you of the results of the examination upon receipt from the laboratory.

Should you have any questions please call the office at 503-627-0291 or you can email us at vgendo.manager@gmail.com.