

# Perio Central

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Periodontics & Implantology

## **INSTRUCTIONS FOLLOWING IMPLANT SURGERY**

Following surgery you will be given prescription medications; use them as directed. If you have an adverse reaction (skin rash, hives, etc.) to any of the medications, discontinue use and call Dr. Aeschliman. If you feel that you are having a serious reaction with difficulty breathing, chest pain, or other serious symptoms, call 911.

1. After having sedation, it is very important that on the day of surgery you stay at home and rest. It will take several hours for the effects of the medication to wear off. Do not drive a car, operate machinery, use alcohol or conduct business for the rest of the day. Rest is very important for the healing process, so it is advised to rest for a day or two after implant surgery.
2. Use an ice pack over the surgical area as directed by surgical staff. Alternate placement on and off every 15 minutes.
3. Liquids and soft foods are recommended the first 2-3 days. We will provide you with a separate page of food selections. Drink plenty of water. Avoid alcohol. No smoking or chewing tobacco.
4. Do not brush or floss directly on the surgical site. You need to brush and floss your other teeth as you normally would. If needed, warm salt water can be used to gently rinse the mouth.
5. If any bleeding begins, and does not stop with gentle pressure within 10-20 minutes, try gently rinsing with icy cold water. A moist tea bag (non-herbal) can also be applied with gentle pressure. If bleeding continues, please call the office for further assistance.
6. If any sutures were used in conjunction with your surgery, they will be removed in our office in 7-10 days. Please call if a post-op appointment has not been made for you. Please do not attempt to remove sutures yourself. If sutures fall out, there is usually no need for intervention, but please call the office if you feel there is a problem.

After your implant has been placed, it usually takes 3-6 months for it to fully integrate with the bone. When the integration of the implant is complete, you will return to your general dentist for restorative treatment.

