

**Bone or Joint Problems** *check all that apply*

Arthritis       Osteoporosis       Stiff, Swollen or Painful joints  
 Rheumatism       Joint Replacement TYPE: \_\_\_\_\_ YEAR: \_\_\_\_\_  
 Have you ever taken Bisphosphonates (bone building medications)?  no  yes

**Allergy Problems** *check all that apply*

Sinus Problems       Asthma       Hay fever       Persistent Cough       Frequent sore throat

**Other Medical** *check all that apply*

Stroke       Hypoglycemia       Shingles       Fainting Spells, Seizures or Epilepsy  
 Diabetes, is it controlled? Y/N       Leukemia       Glaucoma       Migraines or frequent headaches  
 Tuberculosis when? \_\_\_\_\_       Multiple Sclerosis       Hemophilia       Tonsillectomy or Throat Surgery  
 Scarlet Fever       Liver Disease       Lung Disease/COPD       Hepatitis Type \_\_\_\_\_  
 Emphysema       Hyperthyroid       HIV/AIDS       Psychological Treatment  
 Hypothyroid       STD's       Ulcers       Acid Reflux/GERD

Do you have any disease, condition, or medical problem not listed?  
\_\_\_\_\_  
\_\_\_\_\_

Have you been hospitalized or had surgery within the past 5 years?  no  yes

If yes, for what? \_\_\_\_\_

Do you use tobacco?  no  yes Type: smoke / chew / dip how often? \_\_\_\_\_

Do you have a history of alcohol or drug dependency?  no  yes Currently?  no  yes

Do you drink alcohol?  no  yes 2-3 hours before bed?  no  yes

Do you drink caffeinated beverages?  no  yes 2-3 hours before bed?  no  yes

**Sleep Issues:**

Do you snore?  no  yes severity?  Heavy  Moderate  Light

Do you wake unrested after a normal night of sleep?  no  yes

Have you ever been told that you stop breathing, gasp or choke while you are sleeping?  no  yes

Do you Experience night time sweating?  no  yes

Do you have to get up several times per night to urinate  no  yes

Do you need extra pillows at night to prop you up and help you breath?  no  yes

Do you need caffeine to stay awake?  no  yes

Do you have a family history of sleep disorders?  no  yes

Do you take a sedative to help you sleep?  no  yes Name/Dose: \_\_\_\_\_

Have you been told you need to use a CPAP?  no  yes

If so, Do you?  no  yes If yes, How often? \_\_\_\_\_

Sleep Physician/Lab: \_\_\_\_\_ City: \_\_\_\_\_ Year? \_\_\_\_\_

I authorize the staff of \_\_\_\_\_ 'Simply Smiles to perform any necessary services during diagnosis and treatment. I also authorize the release of any information required to process insurance claims. I understand the above questions and guarantee that this form was completed correctly to the best of my knowledge. I understand that it is my responsibility to inform this office of any changes to the information I have provided.

\_\_\_\_\_  
Signature Date

Please check one:  Adult patient       Parent or Guardian       Spouse

*Thank you for assisting us in providing you with excellent care.*

For Doctor's Use: \_\_\_\_\_

Office use only: Reviewed/DDS: \_\_\_\_\_ Date: \_\_\_\_\_ Entered in computer: \_\_\_\_\_ Date: \_\_\_\_\_

# Health History

Name \_\_\_\_\_ Date of Birth: \_\_\_\_\_

## DENTAL

Prior/Current Dentist: \_\_\_\_\_ City/State: \_\_\_\_\_ Phone: \_\_\_\_\_  
Year/Date of Last Exam: \_\_\_\_\_ Date of last X-rays?: \_\_\_\_\_

Reason for seeking care at this time?: \_\_\_\_\_  
\_\_\_\_\_

Previous Orthodontic Treatment?  no  yes      Approx year? \_\_\_\_\_  
Oral habits?: Finger/thumb habit?  Lip Biting?  Mouth Breathing?  Poor Lip Seal?   
Do you ever have unexplained pain in the face, cheeks, ears, throat or temples?  no  yes  
Have you ever had a serious injury to the head, face, mouth or jaw?  no  yes  
If Yes, *How/When?* \_\_\_\_\_

### **Jaw Problems**

Surgery                       Clench or Grind                       Pain/Cramping                       Clicking/Popping  
 Jaw locks open               Wear a Night Guard                       Jaw won't open wide

## MEDICAL

Physician Name \_\_\_\_\_ City: \_\_\_\_\_ Phone: \_\_\_\_\_  
Year/Date of Last Exam: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Has your Dentist or Physician recommended you to take antibiotics before dental visits?:  no  yes  
If Yes, Why? \_\_\_\_\_ Medication: \_\_\_\_\_

### **For women:**

Are you pregnant? \_\_\_\_\_ Due date: \_\_\_\_\_ Nursing?: \_\_\_\_\_ Birth Control Medication?: \_\_\_\_\_

### **ALLERGIES:**

I have no known allergies

Are you allergic, or have you reacted adversely, to any of the following: *check all that apply*

Antibiotic, type \_\_\_\_\_                       Aspirin                       Codeine                       Dental Anesthetics  
 Iodine                       Latex                       Metals                       Pain Medications  
 Plastics/acrylic                       Sleeping Pills                       Sulfa Drugs                       Sulfites

Please list *All Other Allergies* not listed and provide specifics on any checked above:  
\_\_\_\_\_  
\_\_\_\_\_

### **MEDICATIONS:** I do not take ANY medications

List ALL MEDICATIONS (*Prescription/Over the Counter or Recreational*) you are taking and WHY:  
\_\_\_\_\_  
\_\_\_\_\_

### **Heart Problems** *check all that apply*

Chest Pains                       Heart Attack                       Congenital Heart Defect                       Irregular heart beat  
 Heart Disease                       Heart Surgery                       Congestive heart failure                       Heart Murmur  
 Rheumatic fever                       Mitral Valve Prolapse                       High blood pressure                       Shortness of breath  
 Pacemaker                       Artificial heart valve                       Low blood pressure

### **Blood Problems** *check all that apply*

Easy bruising                       Abnormal bleeding                       Anemia                       Blood Transfusion

### **Cancer/Tumor** *check all that apply*

Radiation treatment                       Chemotherapy                       Type of cancer \_\_\_\_\_ Year \_\_\_\_\_

**Simply Smiles**  
**1348 8th ST NE**  
**Auburn, WA 98002**  
**(253)939-6900**

**ACKNOWLEDGEMENT OF RECEIPT OF  
NOTICE OF PRIVACY PRACTICES**

I, \_\_\_\_\_, have received and understand the practice's Notice of Privacy Practices written in plain language. The notice provides in detail the uses and disclosures of my protected health information that may be made by this practice, my individual rights, how I may exercise these rights, and the practice's legal duties with respect to my information.

I understand that this practice reserves the right to change the terms of its Notice of Privacy Practices and to make changes regarding all protected health information resident at, or controlled by, this practice. If changes to the policy occur, this practice will provide a revised Notice of Privacy Practices upon request.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Date of Birth \_\_\_\_\_

\*\*Relationship to patient if signed by a personal representative of patient:

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**ADDITIONAL DISCLOSURE AUTHORITY**

In addition to the allowable disclosures described in the Notice of Privacy Practices, I hereby specifically authorize disclosure of my protected health care information to the persons indicated below.

Any member of my immediate family \_\_\_yes \_\_\_no

**OR**

Spouse only \_\_\_yes \_\_\_no

Other (please specify) \_\_\_\_\_ yes \_\_\_no